

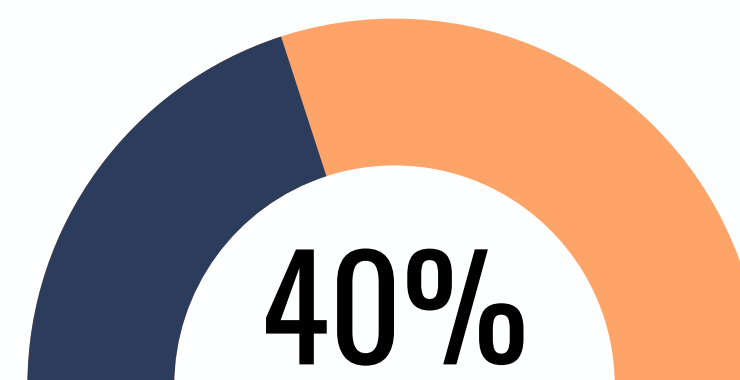
INTRAFAMILIAL CHILD TORTURE (ICT)

Understanding the Prevalence, Risk Factors and Signs of ICT to Protect Children

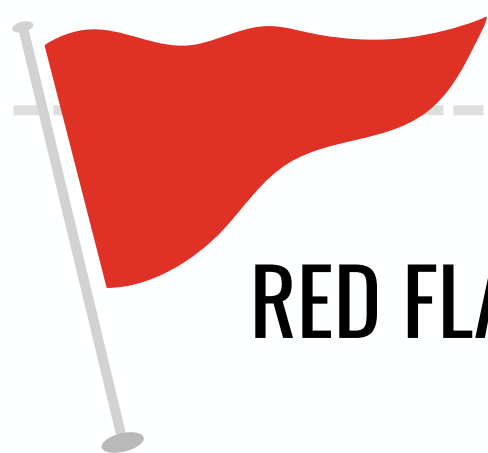
WHAT SEPARATES ICT FROM OTHER TYPES OF SEVERE ABUSE?

- 1 The maltreatment inflicts severe physical and/or psychological harm, pain and suffering on a child;
- 2 The maltreatment is repeated or prolonged, as opposed to a single or one-time incident; and
- 3 The maltreatment is purposeful and deliberate, rather than spontaneous and episodic acts fueled by out-of-control parental anger or extreme levels of stress.

Approximately 40% of child victims of ICT die from their injuries



Fully understanding ICT and recognizing it quickly and accurately are important child fatality prevention strategies.



RED FLAGS THAT REQUIRE ATTENTION

 Egregious physical abuse	 Solitary confinement
 Withholding food and water	 Physical restraints to limit mobility
 Bizarre punishments, forced exercise	 Controlled sleep or bathroom use
 Video surveillance	 Other forms of humiliation

WHAT MIGHT WE LOOK FOR?

- ✓ Serious physical abuse that indicates torture
- ✓ Presenting medically with eating disorders or MH issue & caregiver says child “needs to be protected from themselves”
- ✓ Sleeping in a locked location, bound or chained (restraints), maybe no bed/has to sleep on the floor
- ✓ Where, when and what they eat/drink and who is present
- ✓ Growth chart and medical records
- ✓ Locks on doors, no furniture in room, peeing in a bucket, isolated from others and activities
- ✓ Cameras in the home
- ✓ Child caught stealing food at school or elsewhere
- ✓ Access to school records for absences and notes between parents and teachers

Ex: “please don’t let her eat a cupcake during the school party” or restricting water intake at school

As we have for more than 30 years, NCJTC continues to strengthen the nation’s front line against child abuse and exploitation—equipping law enforcement, child protection professionals, and allied agencies with specialized, trauma-informed training and support needed to deliver effective, coordinated protection.

Sign up to receive child abuse prevention resources directly to your inbox.

www.ncjtc.org

