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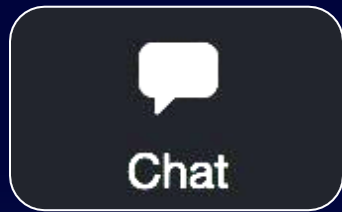
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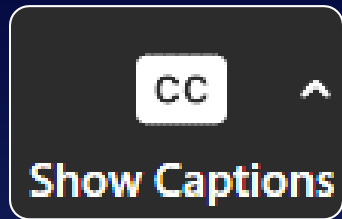
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Decision-Making Using RNR and the Good Lives Model

October 16, 2024 | Presented by:

Anjali Nandi, PhD, MAC, LAC

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Today's Presenter

Dr. Anjali Nandi, PhD, MAC, LAC
Associate, NCJTC

Learning Objectives

- ✓ Gain a thorough understanding of the core principles and theoretical foundations of the Risk-Needs-Responsivity (RNR) model and the Good Lives Model (GLM).
- ✓ Learn how the RNR and GLM frameworks can be integrated to address both the criminogenic needs and the personal goals of clients.
- ✓ Acquire practical skills for applying RNR and GLM principles in decision-making contexts.



Principles For Risk/Recidivism Reduction – What We Do

- Assess
- Motivate
- Target needs
- Coach skills
- Provide positive reinforcement
- Explore/enhance social networks



Guideposts for Decision-Making

- Risk Principle
- Need Principle
- Person Principle
- Relationship Principle



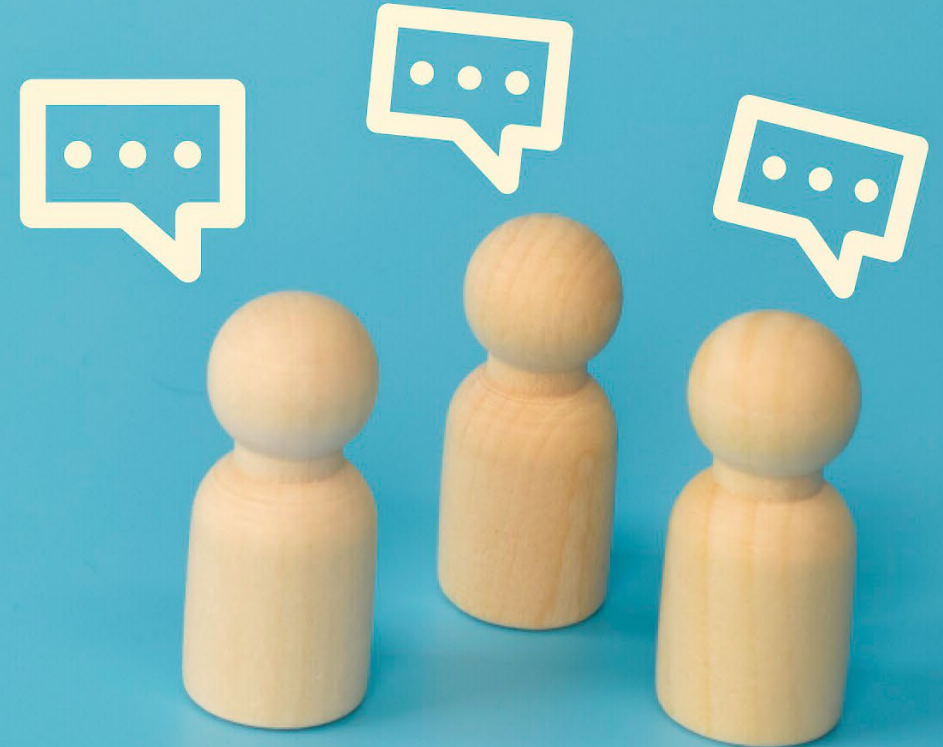
Central Eight Needs

- Antisocial Behavior
- Antisocial Personality Pattern
- Antisocial Cognition
- Antisocial Peers
- Substance Abuse
- Dysfunctional Family Relations
- Employment/Education
- Leisure/Recreation



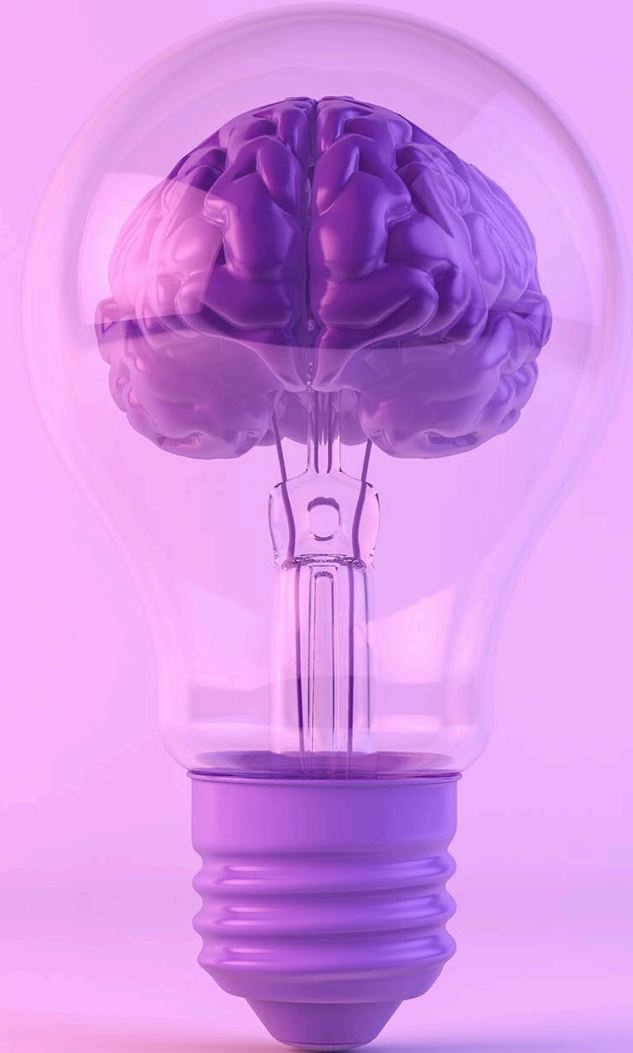
Principles For Risk/Recidivism Reduction – How We Are

- Frequent role clarification
- Collaborative problem solving
- Prosocial modeling and reinforcement
- Attention to the relationship
- Cultural attunement



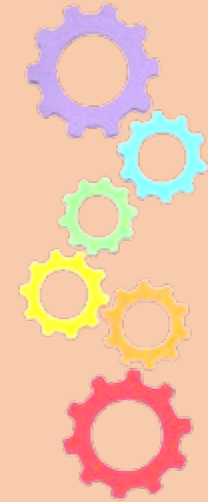
Principles For Risk/Recidivism Reduction – What We Do

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Practical Implications

- Have meaningful conversations about change targets
- Use opportunities to engage in the process
- High risk clients receive more intensive services over a longer time period
- Refer to programs that separate high and low risk clients
- Monitor high risk clients closely – more contacts, visits, more testing
- Separate high and low risk clients – in placement, in treatment
- Support culture (re)connection
- Focus on supporting clients identifying and gaining goods



Prioritization

- Capacity-building
- Containment
- Community



What Is Motivation? Where Does It Come From?

- Interpersonal
- Internal/External
- Desire/Discrepancy/Dissonance
- Emotion
- Agency/Ability
- Reward



Good Lives Model

- Strengths-based
- Building capacities and strengths
- Behavior is driven by obtaining a valued outcome
- Therefore, inherently normal, even if misdirected
- Adds to personal functioning
- Not about managing or taking something away
- Emphasizes values and agency



Primary Goods

- Life (including healthy living and functioning)
- Knowledge (how well informed one feels about things that are important to them)
- Excellence in play (hobbies and recreational pursuits)
- Excellence in work (including mastery experiences)
- Excellence in agency (autonomy, power and self-directedness)
- Inner peace (freedom from emotional turmoil and stress)
- Relatedness (including intimate, romantic, and familial relationships)
- Community (connection to wider social groups)
- Spirituality (in the broad sense of finding meaning and purpose in life)
- Pleasure (feeling good in the here and now)
- Creativity (expressing oneself through alternative forms)

Contact Information & Final Q&A



NCJTC General Inquiries

info@ncjtc.org
www.ncjtc.org
(855) 866-2582



Dr. Anjali Nandi,
PhD, MAC, LAC
anjalinandi@hotmail.com

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