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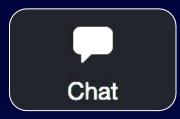
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Ask the Expert: From Criminalization to Cultural Competence In Mental Wellness

Sept 25, 2024 | Presented by:

Dr. Anjali Nandi, PhD, MAC, LAC, Associate, NCJTC

Greg Brown, Program Manager, NCJTC

Paul Fuentes, Project Coordinator, NCJTC

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Stefanie Wyatt, Chief Probation Officer, Southern Ute Tribal Probation





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Comprehensive Opioid, Stimulant, and Substance Use Program



Today's Presenter & Panel



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Kevin Poleyumptewa Project Coordinator, NCJTC



Greg Brown Program Manager, NCJTC



Kevin Mariano Project Coordinator, NCJTC



Stefanie Wyatt Chief Probation Officer/ Wellness Court Coordinator/ Family Court Coordinator, Southern Ute Indian Tribe



Agenda

- Get practical
- Steps to develop a program
- Needs assessment
- Stakeholder engagement







Goals

- Reduce recidivism
- Reduce relapse
- Reduce marginalization



Step One: Needs Assessment





Needs Assessment Components

- Purpose and Scope
- Data Collection Methods
- Areas of Focus
- Data Analysis and Interpretation
- Reporting and Action Plan
- eg M Community Feedback and Involvement



Example Report Summary

Community Needs Assessment for Tribal Reentry Program

Purpose: To identify the needs of formerly incarcerated individuals to develop a supportive reentry program.

Key Findings:

1. Health: High rates of substance use disorders and untreated mental health issues; limited access to culturally competent healthcare.

2. Employment: Significant barriers to employment, including lack of job training and limited opportunities within the community.

3. Housing: Insufficient affordable housing options; stigma related to incarceration affecting housing access.

4. Cultural Needs: Desire for programs that integrate traditional practices and spiritual support.





Prioritized Needs

- 1. Substance use disorder and mental health services
- 2. Job training and employment support
- 3. Housing assistance
- 4. Cultural integration in program design



Action Plan

- **1. Short-term**: Establish partnerships with local healthcare providers for immediate access to services.
- **2. Medium-term**: Develop job training workshops in collaboration with local businesses.
- **3. Long-term**: Advocate for policy changes to improve housing access and reduce stigma.

Next Steps: Present findings at a community forum, gather feedback, and refine the action plan based on community input.





Needs Analysis





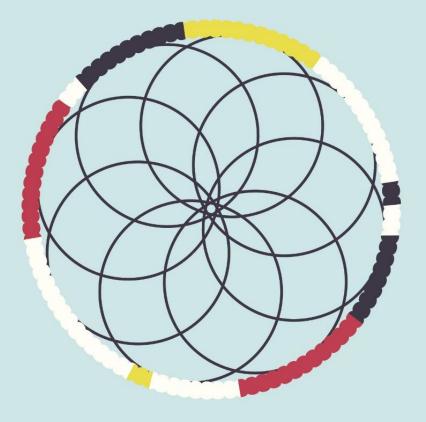
Step Two: Surveying Existing Services and Assessing Partnership Opportuniti





Key Components

- Tailored services and support
- Promoting healing and rehabilitation
- Importance of cultural sensitivity
- Fostering resilience and empowerment





Understanding Stakeholders: Who, What, Why





Strategies

- Establish clear goals and shared vision
- Build relationships and trust
- Promote inclusive participation
- Facilitate effective communication
- Address power imbalances

Sustaining Partnerships

- Wise use of resources
- Involve other sectors
- Access to resources
- Timely feedback
- Focus on a common ground
- Realistic and accountable





Creating a Program

- Who do you serve?
- What services do you provide?
- How do you provide these services?
- What does success look like?
- Who are your resources?
- Who are you accountable to?





What Helps

- Stability factors
- Skill-building related to needs
- Social support



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How do We Reduce Stigma?

Individually

- Be compassionate
- Reserve judgment
- Offer support
- Avoid labels
- Speak up
- Share your story

Collectively

- Education
- Normalizing
- Availability of services





Healing Through Story: Unpacking Indigenous Resiliency and Hope



Annie Belcourt, TEDxArlee



Community Support





Contact Information & Final Q&A

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Upcoming TTA Opportunities

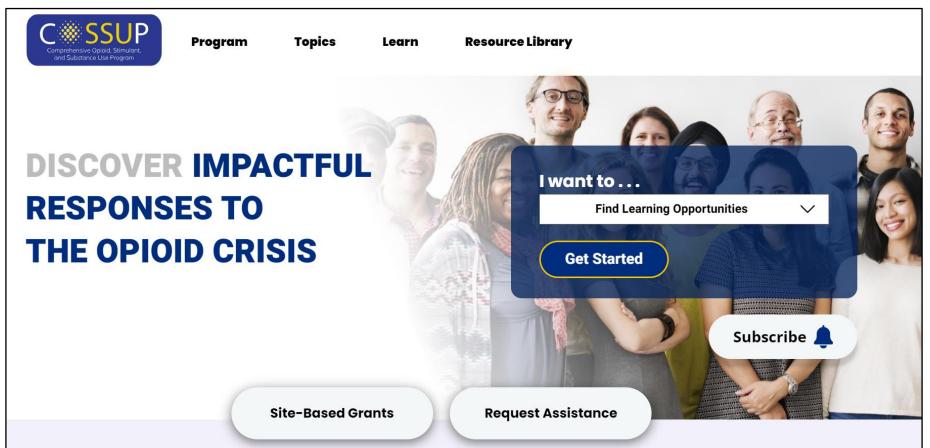
<u>Webinars:</u> October 16, 2024 | 1:00 – 2:30 PM CT ✓ Decision-Making Using RNR and the Good Lives Model (TPRA)

TPRA Community of Practice:
October 2, 2024 | 1:00 – 2:00 PM CT

✓ Change Management



Bureau of Justice Assistance's Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP) Resource Center



www.cossup.org



COSSUP Resources

Tailored Assistance—The COSSUP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation's substance abuse crisis. *You do not need to be a COSSUP grantee to request support*. TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at <u>https://www.cossup.org/Program/TTA/Request</u>.

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