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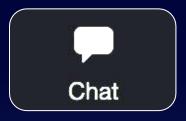
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Ask the Expert: Cultural Reconnection and Resource Resilience in Tribal Communities

July 9, 2024 | Presented by:

Dr. Anjali Nandi, PhD, MAC, LAC, Associate, NCJTC

Greg Brown, Program Manager, NCJTC

Paul Fuentes, Program Coordinator, NCJTC

Kevin Poleyumptewa, Program Coordinator, NCJTC

Stephanie Wyatt, Chief Probation Officer/Wellness Court Coordinator/Family Court Coordinator, Southern Ute Indian Tribe





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Comprehensive Opioid, Stimulant, and Substance Use Program



Today's Presenter & Panel



Dr. Anjali Nandi, PhD, MAC, LAC Associate, NCJTC



Paul FuentesProject Coordinator,
NCJTC



Greg BrownProgram Manager,
NCJTC

Learning Objectives

- Describe unique challenges faced by tribal communities as it relates to successful reentry and reintegration post-treatment and post-incarceration.
- Explain how trauma complicates these challenges and solutions.
- ✓ Summarize initial strategies to help overcome some of these barriers, including ways to leverage community-based services providing culturally relevant responses and programs.





Intellectual & Emotional Brain

Intellectual (Logical) Brain

Forward looking – future and solution focused



Emotional Brain

Past focused – non-intellectual/non logical

What Are Adverse **Childhood Experiences** (ACEs)? Negative experiences Potentially traumatic or stressful Include abuse or neglect Can be more subtle Before the age of 18



Why is this Important?

- Impacts brain development
- Has significant short-term and long-term consequences
- Influences behavior well into the future
- Impacts their life trajectory
- Significantly impacts entry into the criminal justice system



Remote Locations and Resource Solutions

- Telehealth Services
- Peer Support Networks
- Mobile Behavioral Health Clinics
- Community-Based Mental Health First Aid Training
- Culturally Relevant Support Groups

- Peer-Led Wellness Activities
- Virtual Support Networks
- Collaborative Partnerships with Nearby Service Providers
- Community-Based Crisis Intervention Teams
- Cultural Competency Training for Behavioral Health Providers

Community, Social Connection & Play

- Spend time together
- Rituals, prayer, meditation
- Reach out
- Reach out to someone

- Play, sing together
- Get outside
- Share food
- Share laughs



Importance of Reconnecting with Culture

- Strengthens Identity: Embrace traditions to rebuild personal and community identity.
- Enhances Healing:
 Use indigenous practices to heal from trauma and improve mental health.
- Enriches Support Networks:
 Rely on cultural ties for social support and reducing isolation.
- Restores Self-Worth: Engage in cultural activities to regain dignity and self-worth.
- Promotes Holistic Health:
 Follow traditional practices for a comprehensive, sustainable recovery.

Strategies to Secure Funding for Behavioral Health Programs



Federal Grant Programs



Tribal-specific Grant Programs



Foundation Grants





State and Local Grants

Additional Strategies



Private Sector Partnerships



Grant Writing Assistance



Online Grant Databases



Networking and Conferences



Community Engagement and Needs Assessment



Questions to Consider

What are some unique cultural strengths you can leverage to enhance reentry and reintegration efforts for individuals transitioning from incarceration or inpatient treatment?

What are the most significant barriers you face in providing adequate resources for reentry and reintegration, and how can these be overcome?

In what ways can addressing trauma at both individual and community levels foster more effective and sustainable recovery pathways?

How can collaboration between tribal practitioners and external agencies be optimized to improve resource allocation and support for reentry programs?



Questions to Consider

How can community members be more actively involved in supporting the reintegration and recovery of individuals returning from incarceration or treatment?

What innovative approaches have shown promise in other tribal communities, and how might these be adapted to your specific context?

How can tribal communities advocate for more resources and support from federal and state agencies to enhance their reentry and reintegration programs?

Debrief

- What resonates?
- What can I apply?
- What ideas does this inspire?



Contact Information & Final Q&A

NCJTC General Inquiries | info@ncjtc.org | www.ncjtc.org (855) 866-2582



Dr. Anjali Nandi, PhD, MAC, LACAssociate, NCJTC



Paul Fuentes
Project Coordinator,
NCJTC



Greg BrownProgram Manager,
NCJTC

Tribal Responses to Alcohol and Substance Misuse (TRASM) Upcoming Webinars

July 23, 2024 | 1:00 – 2:30 PM CT

✓ Overcoming Stigma in Reentry and Mental Health Struggles

August 26, 2024 | 1:00 – 2:30 PM CT

✓ Ask The Expert: Overcoming Stigma in Reentry and Mental Health

Struggles

Tribal Probation and Reentry Academy (TPRA) Upcoming Virtual Events

Webinar Schedule:

July 17, 2024 | Trauma-Informed Service

August 21, 2024 | Assessment

September 11, 2024 | Case Planning

October 16, 2024 | Decision-Making Using RNR and the Good Lives Model

Communities of Practice Schedule:

July 10, 2024 | Decision-Making and Critical Thinking

August 8, 2024 | Collaborating with Stakeholders with Different Priorities

September 4, 2024 | Reentry Issues and Reintegration

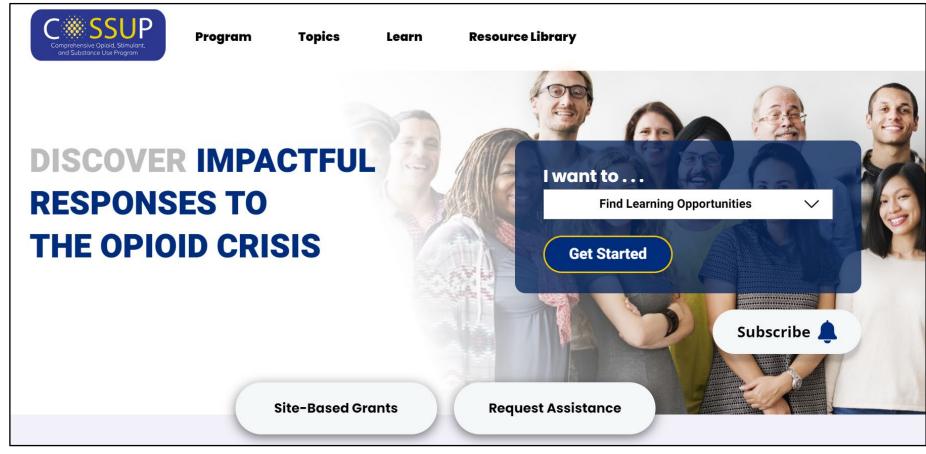
October 2, 2024 | Change Management

Save the Date! American Indian Justice Conference July 30-31, 2024 | Albuquerque, NM www.judges.org/courses/american-indian-justice-conference



Bureau of Justice Assistance's

Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP) Resource Center



www.cossup.org



COSSUP Resources

Tailored Assistance—The COSSUP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation's substance abuse crisis. **You do not need to be a COSSUP grantee to request support**. TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at https://www.cossup.org/Program/TTA/Request.

Funding Opportunities—Current COSSUP and complementary funding opportunities are shared at https://www.cossup.org/Program/Funding.

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