

## ADULTS

nearly  
**50,000,000**  
are experiencing a mental illness

**2,720,000**  
are experiencing a severe mental illness



**15.3%** report a substance use disorder



**10.96%**  
have an alcohol use disorder

**6.82%**  
have an illicit drug use disorder



**12,100,000** adults  
report serious thoughts of suicide

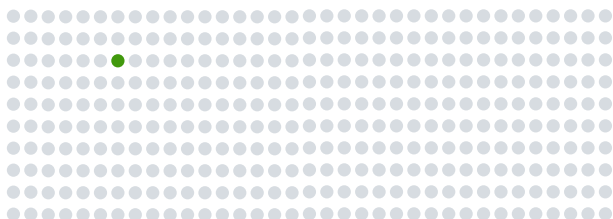
↑ **28,000,000**  
individuals with mental illness receive no treatment

↑ **5,500,000**  
with a mental illness are uninsured

**28%** of all adults with a mental illness report that they were not able to receive the treatment they need

Individuals needing treatment for a mental illness outnumber mental health providers

**350 to 1**



## YOUTH

↑ **2,700,000** youth are experiencing severe major depression

**16.39%** of youth (age 12-17) report suffering from at least one major depressive episode (MDE) in the past year



During the COVID-19 Pandemic  
2020 - 2022

**67%**  
U.S. high school students reported schoolwork was more difficult

**55%**  
experienced some emotional abuse in the home

**24%**  
reported they did not have enough food to eat

**11%**  
experienced physical abuse

**6.34%** report a substance use disorder



**2.85%**  
have an alcohol use disorder

**4.85%**  
have an illicit drug use disorder

**1,200,000** youth with private insurance do not have coverage for mental or emotional difficulties



**60%** of youth with major depression do not receive mental health treatment

Only 28% of youth with severe depression receive some consistent treatment (7-25+ visits in a year)