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Peer Recovery Support Services in Tribal Communities

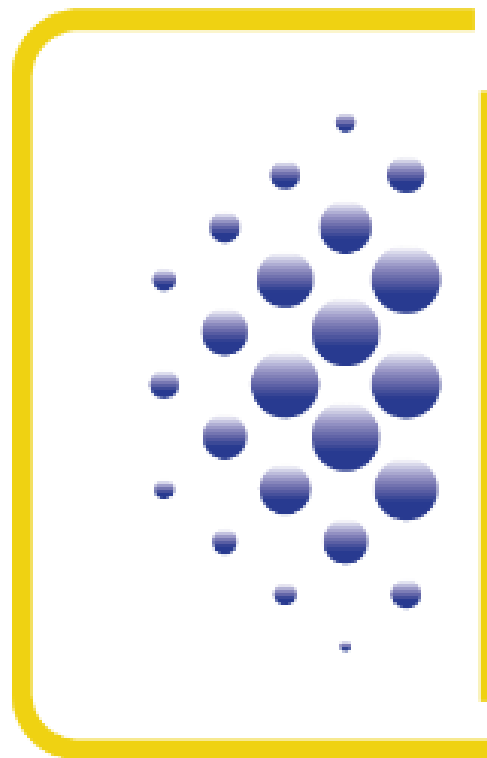
July 21, 2021 | Presented by:

Altarum

Hannahville Indian Community Behavioral Health

Northern Arapaho White Buffalo Recovery Center





BJA's

Comprehensive Opioid, Stimulant, and Substance Abuse

Program

Webinar Disclaimer

This project was supported by Grant No. 2019-MU-BX-K031 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice's Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the Office for Victims of Crime, and the SMART Office. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Pre-Webinar Information



Google Chrome is recommended for your best listening and viewing experience.



Participants will be muted for the duration of the webinar. Submit your questions via the question box in the control panel.

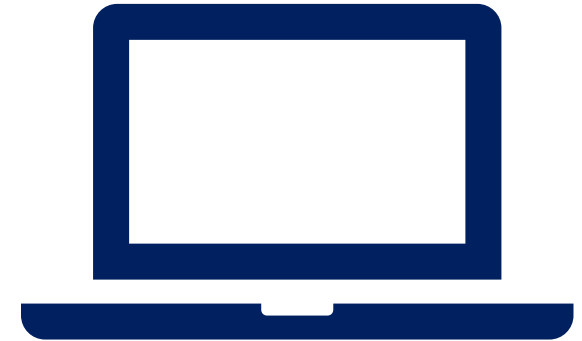


Presentation slides, instructor bios, and corresponding resources can be found in the Handouts section of the control panel.

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Post-Webinar Information

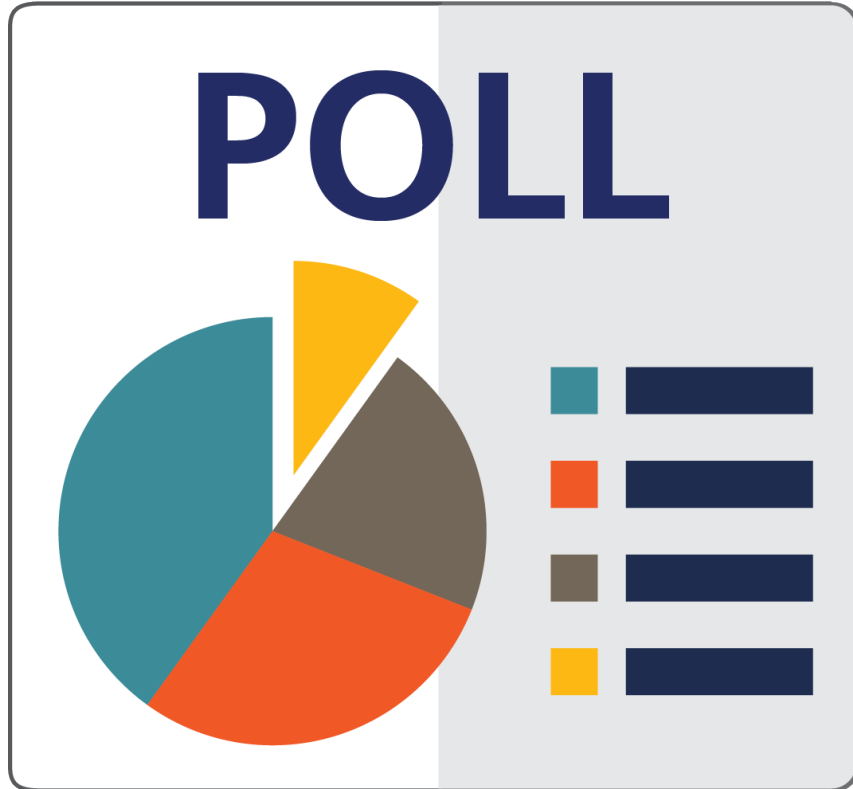
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Learning Objectives

- ✓ Summarize the core elements of Peer Recovery Support Services (PRSS) and associated benefits.
- ✓ Describe various models that demonstrate how PRSS can be implemented within tribal communities.
- ✓ Identify common challenges associated with implementing PRSS in tribal communities.
- ✓ Summarize best practices for successful implementation of PRSS in tribal communities.





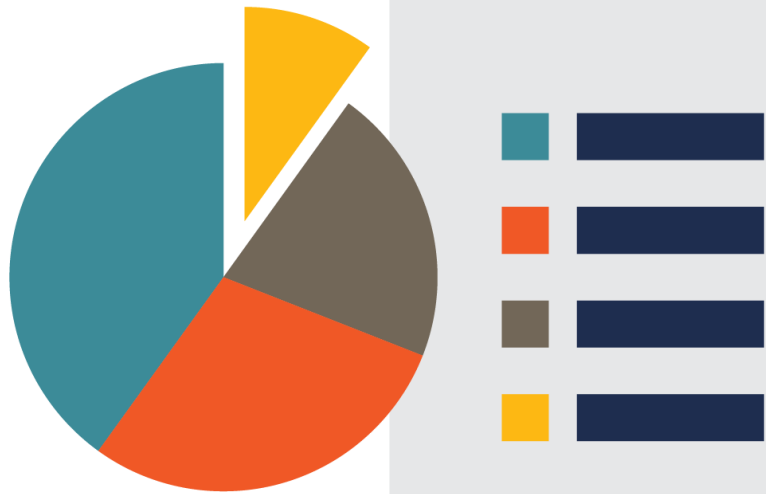
Poll Questions

Poll questions may be asked during the webinar.

This is your time to weigh in with your thoughts.

Please respond promptly; polls are open for a short period of time.

POLL



Which of the following best describes your role?

- Tribal Court Official
- Law Enforcement
- Peer Recovery Specialist
- Behavioral Health/Substance Abuse Treatment
- Other

Peer Recovery Support Services

The BJA COSSAP TTA Center on Peer Recovery Support Services

Haley McCrary, MPH



Criminal Justice Involvement, Substance Abuse, and Peer Support

- The criminal justice population has a disproportionately high rate of substance use disorders (as well as co-occurring mental health and substance use disorders) compared with the general population.
- Peer recovery support services (PRSS) have emerged as important resources for engaging and supporting criminal justice-involved individuals and their families in their recovery.



Increasingly, peer recovery support services are an important—and sometimes central—part of efforts to effectively address the opioid epidemic.

Peer-based services can be a vital part of the continuum of care for substance abuse and of efforts to address alcohol and drug abuse—including opioid misuse.

Overview: Peer Recovery Support Services (PRSS)

- **Peer recovery support services (PRSS)** refers to the wide-array of non-clinical supports provided by peer practitioners (also referred to as peer specialists).



Emotional



Informational



Affiliational



Instrumental

Peer Recovery Support Services (PRSS)

Recovery happens in community.

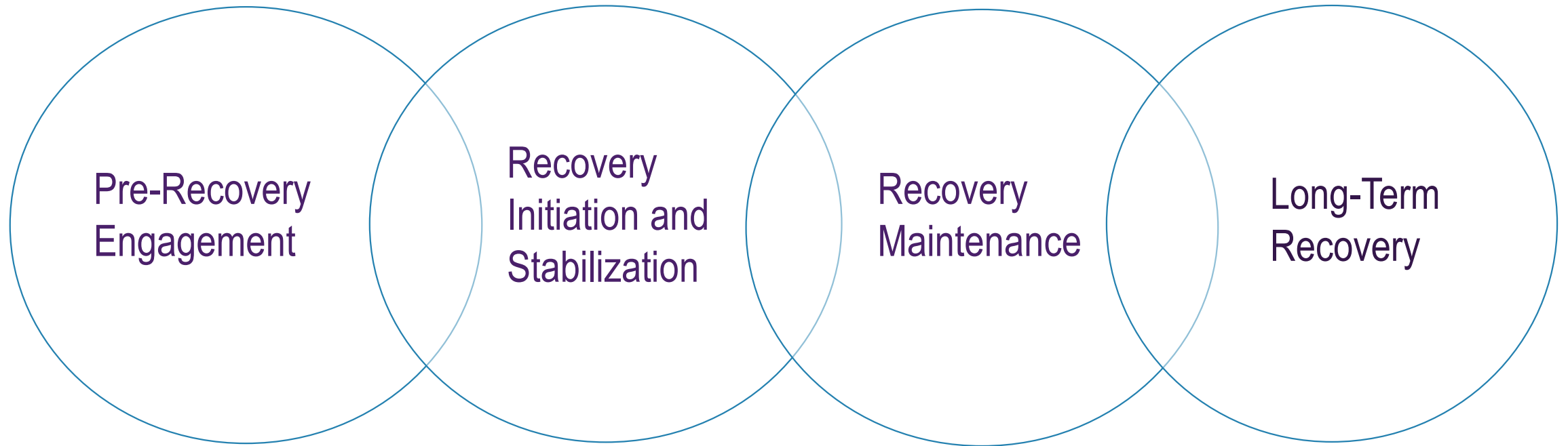
- Ready-made pro-social environment
- Focus on building trusting *relationships*
- Use recovery community resources and assets
- Provide a variety of models of the benefits and expectations of a life in recovery



PRSS create, build, reinforce, and strengthen Recovery Capital

- In assisting people to achieve their recovery goals, it is often useful to help them assess and build their **Recovery Capital**
 - **Recovery Capital** is the sum of the strengths and supports—both internal and external—that are available to help someone initiate and sustain long-term recovery from addiction
- (Granfield and Cloud, 1999, 2004; White, 2006)

PRSS engage individuals across the time span of recovery— and keep them engaged



Adapted from William White

TTA Center for Peer Recovery Support Services

- Developing tools that assist staff to effectively integrate PRSS in criminal justice settings.
- Facilitating program-to-program sharing of evidence-supported services, best practices, and promising approaches.
- Consulting with individual programs to strengthen operations, by identifying and solving challenges to program success.

TTA Center for Peer Recovery Support Services

Areas of Focus

Resources

- Staffing levels, caseload, service array, physical space, technology

Infrastructure

- Written policies and procedure, communication tools, organizational structure

Organizational Learning

- Practice knowledge, staff training, coaching
- Communication and multi-disciplinary collaboration
- Performance measurement, reporting, and evaluation

Organizational Culture & Climate

- Shared beliefs and vision
- Conflict resolution and trust
- Commitment to change

Engagement & Partnership

- Within the Agency, with other organizations, and with communities
- Leadership – including leading change

TTA Center for PRSS

In-Person and Virtual
Consultation

Training and Facilitation

Capacity Building

Thought Leadership

Overview

- The purpose of Peer Recovery Support Services Mentoring Initiative (PRSSMI) is to advance the inclusion of peer recovery support services in jurisdictions' portfolios of substance abuse intervention and treatment strategies.

Capacity Building Focus

Engagement & Partnership

- Strategic relationship building and partnerships within the wide organization, with other organizations, and with communities

Organizational Culture & Climate

- Purpose, vision, and shared beliefs supportive of peer practice
- Organizational readiness for supporting peer practice

Organizational Learning

- Peer practice knowledge and awareness among all staff
- Training, coaching, and development for peer staff
- Communication and multi-disciplinary collaboration in support of goals

Infrastructure

- Written policies and procedures that provide structure and support for PRSS
- Supervision processes and protocols

Resources

- Appropriate staffing levels
- Depth, breadth, and scope of peer support menu
- Arrangement of physical space and use of technology in support of recovery

Role of Mentor Sites

- PRSSMI participants are matched to an experienced “mentor site” program that provides consultation and support through virtual learning sessions and an on-site visit.
- Mentor sites are experienced collaborators with first responders, law enforcement, courts, jails, prisons, and community corrections to help people suffering from substance use disorder to achieve and maintain recovery from addiction.

Mentee Sites

Applications accepted on rolling basis, with following criteria:

- Stage of program development — planning, start-up, or early implementation
- Diversity of team
- Clarity and appropriateness of outcomes sought through peer program
- Clarity and appropriateness of goals for mentorship

Contact Information



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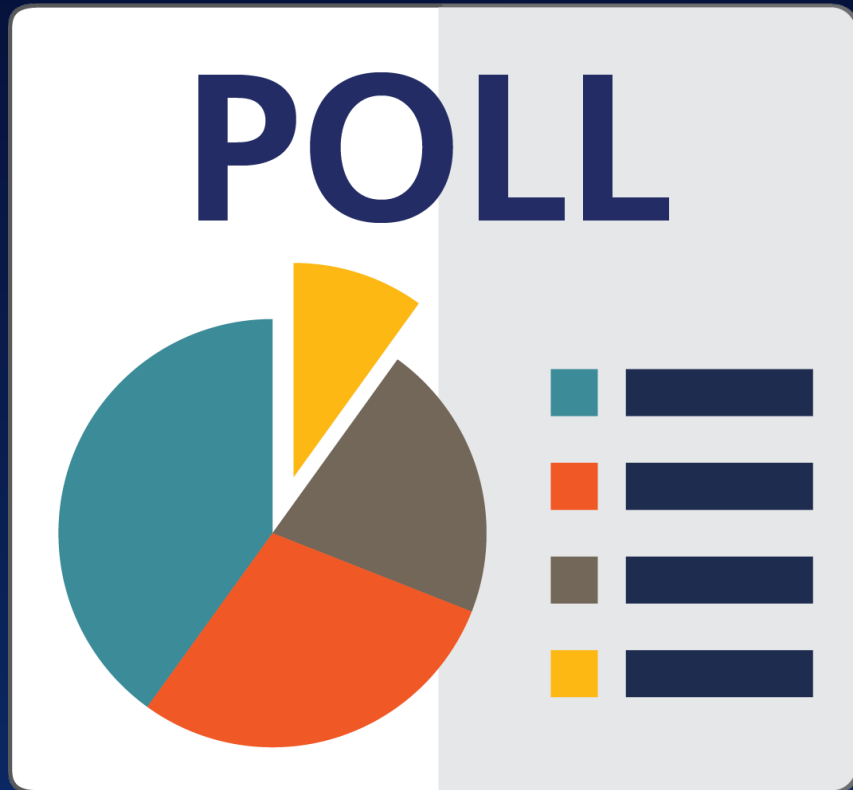
Sunny Goggles

Program Director,

White Buffalo Recovery Center,

Northern Arapaho Tribe

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Does your tribe utilize peer recovery as part of substance abuse treatment?

- Yes, we have peer recovery specialists providing support to tribal members
- Yes, we have a program but have not fully implemented it yet
- No, we don't have a program but would like to set one up.
- No, we don't have a program and have no current plans for one

Panel Discussion: Peer Recovery Best Practices

Kevin Mariano,
Program Coordinator,
National Criminal Justice Training Center

Haley McCrary, MPH,
Project Manager,
Altarum Center for Behavioral Health

Sunny Goggles,
Program Director,
Northern Arapaho Tribe
White Buffalo Recovery Center

Erin Cretens,
Behavioral Health Manager,
Hannahville Indian Community
Behavioral Health

Chawn Castenada,
Recovery Coach,
Hannahville Indian Community
Behavioral Health

Tribal PRSS Community of Practice (CoP)

- Offers an opportunity an opportunity for in-depth conversations with other tribes who are implementing or planning to implement a peer recovery support service program.
- Four 2 hour virtual sessions:
 - August 24, 1:00 ET/12:00 CT
 - September 14, 1:00 ET/12:00 CT
 - October 19, 1:00 ET/12:00 CT
 - November 16, 2:00 ET/1:00 CT

Tribal PRSS Community of Practice (CoP) - Eligibility

Ideal participants:

- Are currently implementing a Tribal PRSS program or
- Are actively developing a Tribal PRSS program

Follow the link in the chat to complete a simple form, if interested.
CoP members will be notified by August 10.

Upcoming Training & Technical Assistance Opportunities

Watch your inbox and visit www.ncjtc.org/iasaptraining to view upcoming webinars and live online instructor-led trainings.

Bureau of Justice Assistance's
**Comprehensive Opioid, Stimulant, and
Substance Abuse Program (COSSAP) Resource Center**

Website

www.cossapresources.org

Tailored Assistance

www.cossapresources.org/Program/TTA/Request

Funding Opportunities

www.cossapresources.org/Program/Applying

COSSAP Webinars

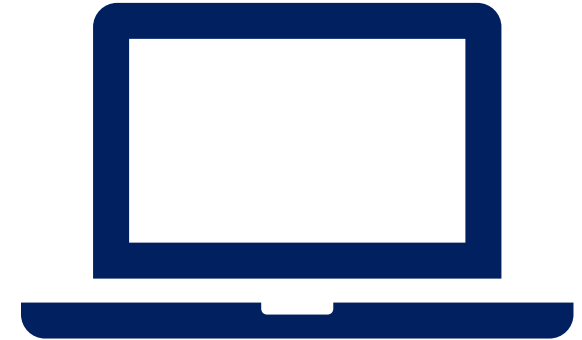
www.cossapresources.org/Media

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