

### 38th Annual National Missing Children's Day

In 1983, President Ronald Reagan proclaimed May 25th as National Missing Children's Day. Each year, the U.S. Department of Justice commemorates National Missing Children's Day with a ceremony honoring the heroic and exemplary efforts of agencies, organizations, and individuals to protect children.

**National Missing Children's Day** is dedicated to encouraging parents, guardians, caregivers, and others concerned with the well-being of children to make child safety a priority. It serves as a reminder to continue our efforts to reunite missing children with their families and an occasion to honor those dedicated to this noble cause.

[Visit OJJDP's National Missing Children's Day Website](#)



Since 1998, NCJTC has been a national training provider for the [Missing and Exploited Children Program](#).

Through federal grant funding, we provide training focused on educating and strengthening multi-disciplinary responses to improve the investigation, prosecution, and prevention of child victimization cases.

Self paced courses, webinars, and classroom training opportunities are available through this grant program.

[View offerings NOW](#)

## Mental Health Awareness Month Resources



**MENTAL HEALTH IN AMERICA**

- 19% of adults experienced a mental illness in 2020. Equivalent to over 47 million Americans.
- 1.5 Million people were hospitalized for a mental illness in 2020.
- 4.55% of the 47 million cases experienced a severe mental illness including anxiety disorders, depression and bipolar disorder, personality disorders and psychotic disorders.
- 24% of adults with a mental illness reported an unmet need for treatment. This number has not declined since 2012.
- Childhood depression is more likely to persist into adulthood if gone untreated, but only half of children with pediatric major depression are diagnosed before adulthood.
- 13.84% of youth age 12-17 report having had at least one major depression episode (MDE) in the past year.
- The number of youth experiencing MDE rose 206,000 from 2019 to 2020.
- 9.7% of youth in the U.S. have a history of depression.
- 12.4% of youth with a history of depression have had a major depression episode.
- 60% of youth with a history of depression are not receiving mental health treatment.

Top 10 US States with higher prevalence of mental illness and lower rates of access to care

[Mental Health in America Infographic](#)



**MENTAL ILLNESS AND THE FAMILY**  
Recognizing Warning Signs

Adults, Young Adults and Adolescents may show the following, which are all a sign of mental illness.


**SIGNS YOU SEE**

- Growing inability to cope with daily problems and activities
- Numerous unexplained physical ailments
- Social withdrawal
- Substance use
- Dramatic changes in eating or sleeping habits

**SIGNS YOU CAN'T SEE**

- Seeing or hearing things that aren't there (hallucinations)
- Strange thoughts (delusions)
- Suicidal thoughts
- Strong feelings of anger
- Confused thinking
- Feelings of extreme highs and lows
- Excessive fears, worries and anxieties
- Prolonged depression (sadness or irritability)

[Mental Illness: Signs You See and Don't See Infographic](#)

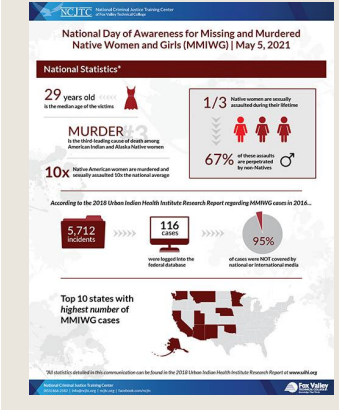


**Healing Our Protectors Toolkit**

Building Resilience Among Tribal Law Enforcement Officers Through Cultural Interventions can assist behavioral health providers in gaining a greater understanding of post-traumatic stress disorder (PTSD) among law enforcement officers, especially those working in and with tribal communities.

[Healing Our Protectors Toolkit](#)

## Missing and Murdered Indigenous Women and Girls Day



**National Day of Awareness for Missing and Murdered Native Women and Girls (MMIWG) | May 5, 2021**

**National Statistics\***

- 29 years old is the median age of the victim.
- 1/3 Native women are sexually assaulted before age 18.
- MURDER is the leading cause of death among American Indian and Alaska Native women.
- 10x Native American women are sexualized and sexually assaulted 10x the national average.
- 67% of these assaults are perpetrated by non-Native men.

According to the 2020 US Indian Health Institute Research Report regarding MMIWG cases in 2016...

- 5,712 (100%) cases
- 116 cases were reported to law enforcement.
- 95% of cases were never reported to national or tribal law enforcement.

Top 10 states with highest number of MMIWG cases

[Download Infographic](#)

**National Day of Awareness for Missing and Murdered Native Women and Girls is recognized on May 5 each year.**

Did you know....Native American women are murdered and sexually assaulted 10x the national average? Create more awareness of this growing national concern!

## What's New at NCJTC?



### New Critical 3 Video Technology Device Rules in the Home

Technology devices have a large presence in our daily lives, surrounding us in our homes, schools, and workplaces. They assist us in many ways but can be equally disruptive or dangerous if not marshalled correctly. Dana Miller shares three critical things to consider when teaching or setting your own technology device limits for children and adolescents.

[Watch Now](#)



In honor of National Police Week

[Check out our \*\*NEW\*\* community  
policing offerings!](#)

**Coming Next Month...**

- Our Newest Critical 3 Video and MUCH MORE!

Questions? Please contact us at [info@ncjtc.org](mailto:info@ncjtc.org).

