



NHA Core Methodology

“The 3 Stands™ of the Nurtured Heart Approach®”

<p>Stand 1</p>	<p>Absolutely No! I refuse to energize negativity.</p>	<ul style="list-style-type: none"> • I will not reward negativity with my energy, connection, or relationship. • Positives cannot register until the child experiences that they are no longer getting connected through negativity. 	<p>Stories that illustrate Stand 1:</p> <ul style="list-style-type: none"> • Toys-R-Us • Video Game Theory
<p>Stand 2</p>	<p>Absolutely Yes! I will super-energize experiences of success.</p>	<ul style="list-style-type: none"> • I will relentlessly create and energize positivity and success through my recognitions and relationship. • I will energize and nurture first-hand experiences of success. • I will not just “catch kids being good” but will see the miracles in the molecules of success. 	<p>Stories that illustrate Stand 2:</p> <ul style="list-style-type: none"> • Video Game Theory • Baby Steps • The Toll-Taker
<p>Stand 3</p>	<p>Absolutely Clear! I will set clear limits and provide clear, un-energized consequences.</p>	<ul style="list-style-type: none"> • I will have intentional clarity in my rules and expectations. • I will always provide a true consequence, without looking the other way. • When a rule is broken, I will allow the child to reset and be welcomed back with forgiveness. 	<p>Stories that illustrate Stand 3:</p> <ul style="list-style-type: none"> • Video Game Theory • Basketball Game Story • Speed Limit Story