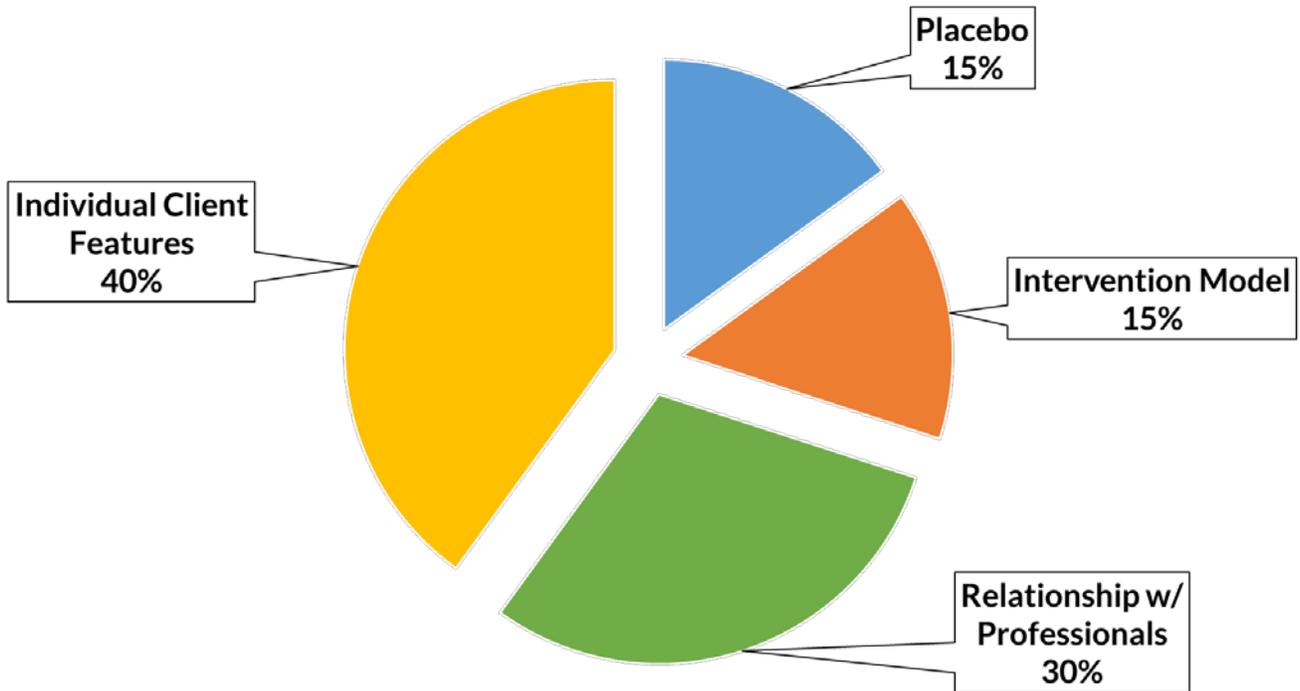


NIC Eight Principles of Effective Intervention



Behavior change and reducing recidivism – Being trauma informed helps individuals change behavior

Considering a person's individual story and trauma history can help to enhance intrinsic motivation - Enhance intrinsic motivation by utilizing motivational interviewing, listening to a person's story and allowing for the client to come up with a reason to change their behavior which is meaningful to them



The client's relationship with professionals matters.

