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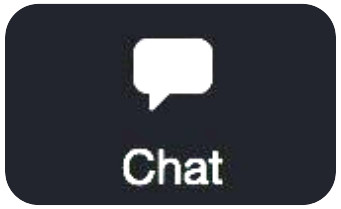
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Zoom Webinar Technical Overview



Enter your questions in the Chat.
Watch the Chat for messages from the webinar organizers.

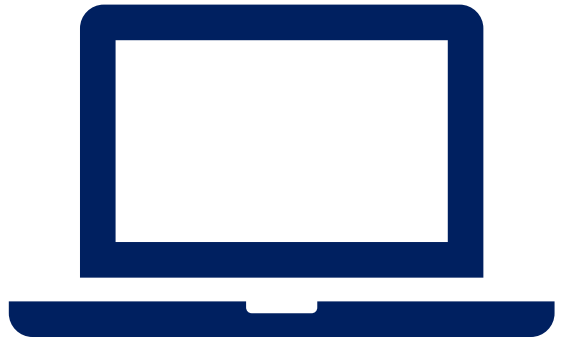


Click to view subtitles or a real-time transcript of the webinar.

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Peer Recovery Support Services in Tribal Communities

November 13, 2024 | Presented by:

The National Criminal Justice Training Center of Fox Valley Technical College

Altarum

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Today's Presenters and Panel



Caley Small
Tribal TA Specialist,
BJA COSSUP TTA Center
for Access and Recovery



Chris Lobanov-Rostovsky
Associate,
NCJTC



Kevin Poleyumptewa
Project Coordinator,
NCJTC



Sunny Duran
Program Director,
White Buffalo
Recovery Center



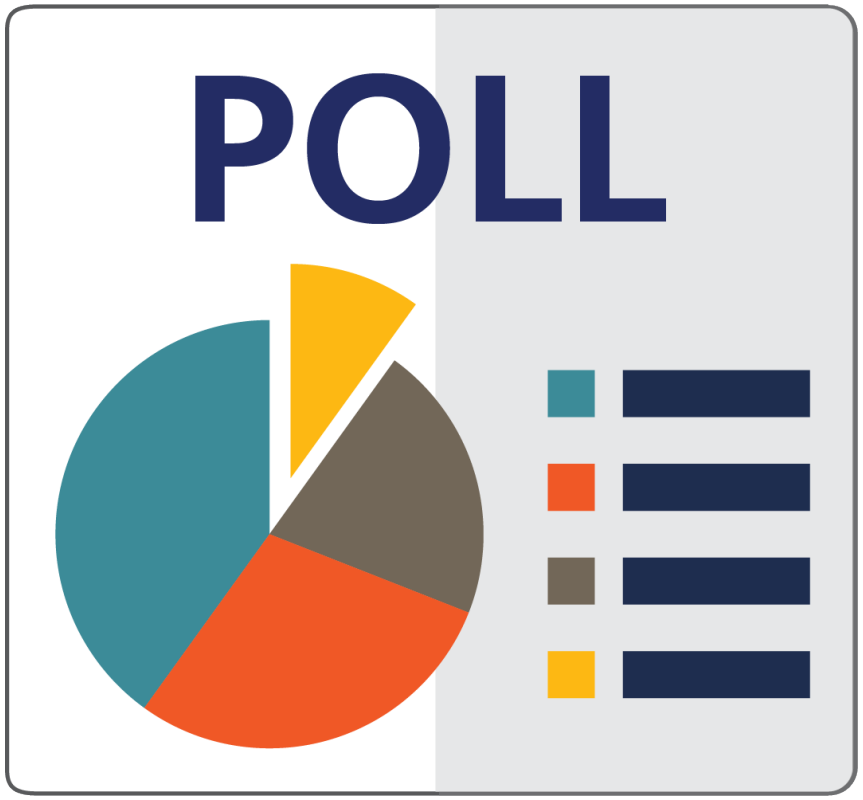
Bobby Dorton
Reentry Manager,
Tanana Chiefs
Conference



Peter Wilson
Community Outreach
Specialist
Seneca Strong

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Which of the following best describes your role?

- Tribal Court Official
- Law Enforcement
- Peer Recovery Specialist
- Behavioral Health/Substance Abuse Treatment
- Other

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Learning Objectives



Discuss the value of peer recovery support services (PRSS) to enhance substance use recovery



Explore the history of peer support as an effective intervention for tribal populations



Engage in peer exchange with tribal representatives who have implemented peer support

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Culturally Responsive Pathways to Peer Programming in Tribal Communities

New resource

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Peer Support Defined

- Peer-based recovery supports (P-BRS)
- Peer recovery support services (PRSS)
- Peer mentorship
- Tribal members with lived experience and expertise, and who have successfully achieved recovery from addiction
- Gains buy-in
- Reduces stigma

History of Peer Support Services in Tribal Communities

- 275 year history
  - Talking circles
  - Sweat lodges
  - Other cultural events and activities
- "Wounded healer" tradition
  - Tribal member who has a personal experience of illness, trauma, or substance use
  - Offers support to others who are experiencing a similar journey

Response

- Recovery Mutual-Aid Movement Response
  - Lack of programs, Ineffectiveness, Lack of resources and funding
- Native American Community Responses to Alcohol Problems
  - 1799 – Handsome Lake
  - 1805-1830 – Indian Prophet Movements
  - 1882 – Indian Shaker Church
  - 1918 – AI/AN Church
  - Red Road
  - Wellbriety

Rejection of Western Interventions

- Western models of criminal justice and mental health
- Colonization
- Ineffective
- Lack of cultural values and responsiveness
- Intergenerational and historical trauma

Peer Recovery Support Services

The BJA COSSUP Access and Recovery TTA Center



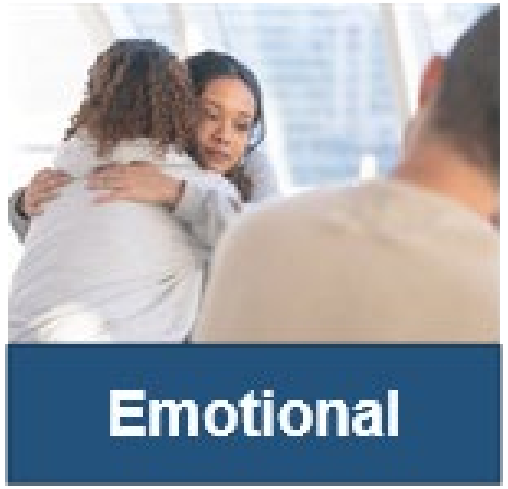
Caley Small, Tribal TA Specialist

Criminal Justice Involvement, Substance Use, and Peer Support

- The criminal justice population has a disproportionately high rate of substance use disorders (as well as co-occurring mental health and substance use disorders) compared with the general population.
- Peer recovery support services (PRSS) have emerged as important resources for engaging and supporting criminal justice-involved individuals and their families in their recovery.

Overview: Peer Recovery Support Services (PRSS)

- **Peer recovery support services (PRSS)** refers to the wide-array of non-clinical supports provided by peer practitioners (also referred to as peer specialists).









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Peer Recovery Support Services (PRSS)

Recovery happens in community.

- Ready-made pro-social environment
- Focus on building trusting ***relationships***
- Use recovery community resources and assets
- Provide a variety of models of the benefits and expectations of a life in recovery



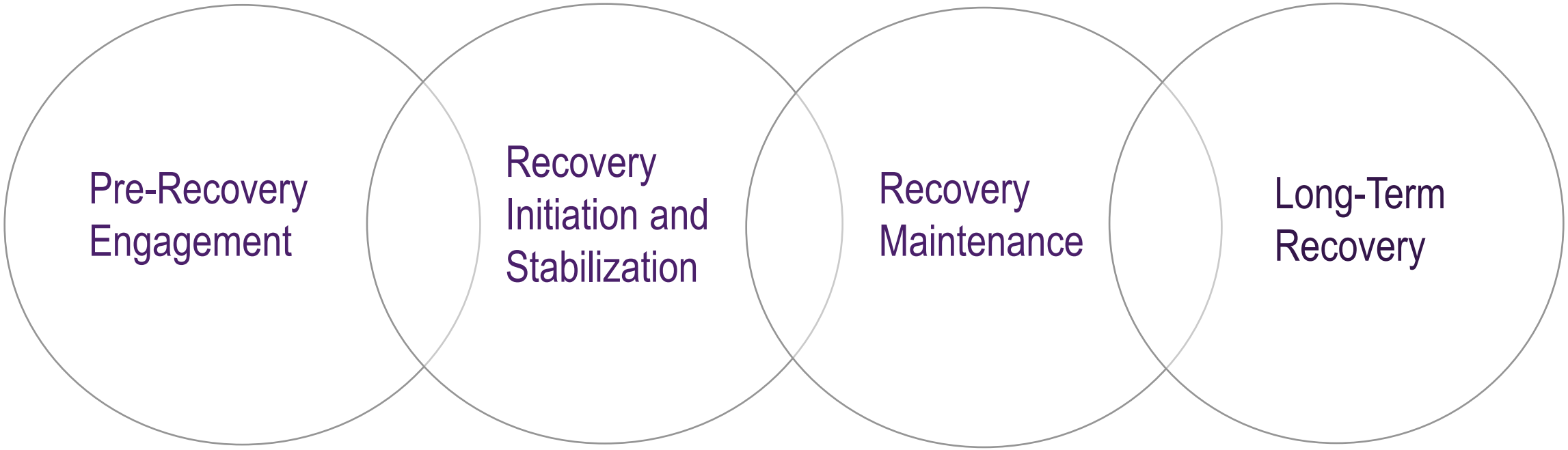
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PRSS create, build, reinforce, and strengthen Recovery Capital

- In assisting people to achieve their recovery goals, it is often useful to help them assess and build their **Recovery Capital**
- **Recovery Capital** is the sum of the strengths and supports—both internal and external—that are available to help someone initiate and sustain long-term recovery from addiction

(Granfield and Cloud, 1999, 2004; White, 2006)

PRSS engage individuals across the time span of recovery—and keep them engaged



Adapted from William White

Access and Recovery TTA Center

- Developing tools that assist staff to effectively integrate PRSS in criminal justice settings
- Facilitating program-to-program sharing of evidence-supported services, best practices, and promising approaches
- Consulting with individual programs to strengthen operations, by identifying and solving challenges to program success.

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Access and Recovery TTA Center

Areas of Focus

Resources	• Staffing levels, caseload, service array, physical space, technology
Infrastructure	• Written policies and procedure, communication tools, organizational structure
Organizational Learning	• Practice knowledge, staff training, coaching • Communication and multi-disciplinary collaboration • Performance measurement, reporting, and evaluation
Organizational Culture & Climate	• Shared beliefs and vision • Conflict resolution and trust • Commitment to change
Engagement & Partnership	• Within the Agency, with other organizations, and with communities • Leadership – including leading change

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Access and Recovery TTA Center

In-Person and Virtual Consultation

Training and Facilitation

Capacity Building

Thought Leadership

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Peer Recovery Support Services Mentoring Initiative (PRSSMI)

- The purpose of PRSSMI is to advance the inclusion of peer recovery support services in jurisdictions' portfolios of substance abuse intervention and treatment strategies.
- More information and to apply: https://www.cossup.org/Learn/PeerToPeer/PRSSMI

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Capacity Building Focus

Engagement & Partnership	• Strategic relationship building and partnerships within the wide organization, with other organizations, and with communities
Organizational Culture & Climate	• Purpose, vision, and shared beliefs supportive of peer practice • Organizational readiness for supporting peer practice
Organizational Learning	• Peer practice knowledge and awareness among all staff • Training, coaching, and development for peer staff • Communication and multi-disciplinary collaboration in support of goals
Infrastructure	• Written policies and procedures that provide structure and support for PRSS • Supervision processes and protocols
Resources	• Appropriate staffing levels • Depth, breadth, and scope of peer support menu • Arrangement of physical space and use of technology in support of recovery

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Role of Mentor Sites

- Participants are matched to an experienced “mentor site” program that provides consultation and support through virtual learning sessions and an on-site visit.
- Mentor sites are experienced collaborators with first responders, law enforcement, courts, jails, prisons, and community corrections to help people suffering from substance use disorder to achieve and maintain recovery from addiction.

Mentee Sites

Applications accepted on rolling basis, with following criteria:

- Stage of program development — planning, start-up, or early implementation
- Diversity of team
- Clarity and appropriateness of outcomes sought through peer program
- Clarity and appropriateness of goals for mentorship

Tribal PRSS Presenters

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White Buffalo Recovery Center



Sunny Duran

Program Director,

White Buffalo Recovery Center,

Northern Arapaho Tribe

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Tanana Chiefs Conference



Bobby Dorton

Re-entry Manager

Tribal Government and Justice

Tanana Chiefs Conference (TCC)

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Peer Support in Rural and Urban Alaska

Bobby Dorton,
Peer Support Specialist



My most tremendous success is being a member of the Peer Support Advisory Board, which focuses on helping peers get certified through the Alaska Commission for Behavioral Health, where I am now serving as a commissioner. In addition, I serve on the statewide Advisory Board on Alcoholism and Drug Abuse and the Alaska Mental Health Board.

What is Peer Support?

Effective peer support is an exchange of philosophies and brainstorming to identify courses of action, choices, and opportunities. It's walking alongside another as they travel a personal and individual journey of accomplishment. It's individualized because each person has their own path to follow. Peer Support is not offering advice (though ideas are shared), it is not telling another what they have to do, nor is it counseling or therapy. Peer Support maintains *five* factors:

- **Hope** (seeing a better future).
- **Shared Responsibility** (we are not alone).
- **Education** (continuing).
- **Self-Advocacy** (sharing our story).
- **Support** (offering help until it's not needed, and giving back).



The Importance of Case Managers Working with Peer Support Specialists



- Case managers help with navigating systems, accessing services, more.
- Peer Support Specialists walk alongside the client helping them find their way.

Sharing Lived Experience:
We Keep What We Have by Giving it Away

- Everyone has a superhero inside of them. Peer support is helping them find their superhero.
- The gift of helping others—the more you give the more you get.





Connection with Supports: Asking for Help is a Strength

- Finding my higher power after being spiritually bankrupt.
- The importance of attending 12-step meetings.

People Can Change!



What's Ahead for Peer Support?

- Continue Peer Support Certification
- Peer-Led Supportive Housing and Employment
- Traditional Peer Support
- Peer Support Specialists Working Alongside Behavioral Health Aides and other professionals
- Reentry Peer Support and Case Management





Tanana Chiefs Conference

Contact:

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Seneca Strong

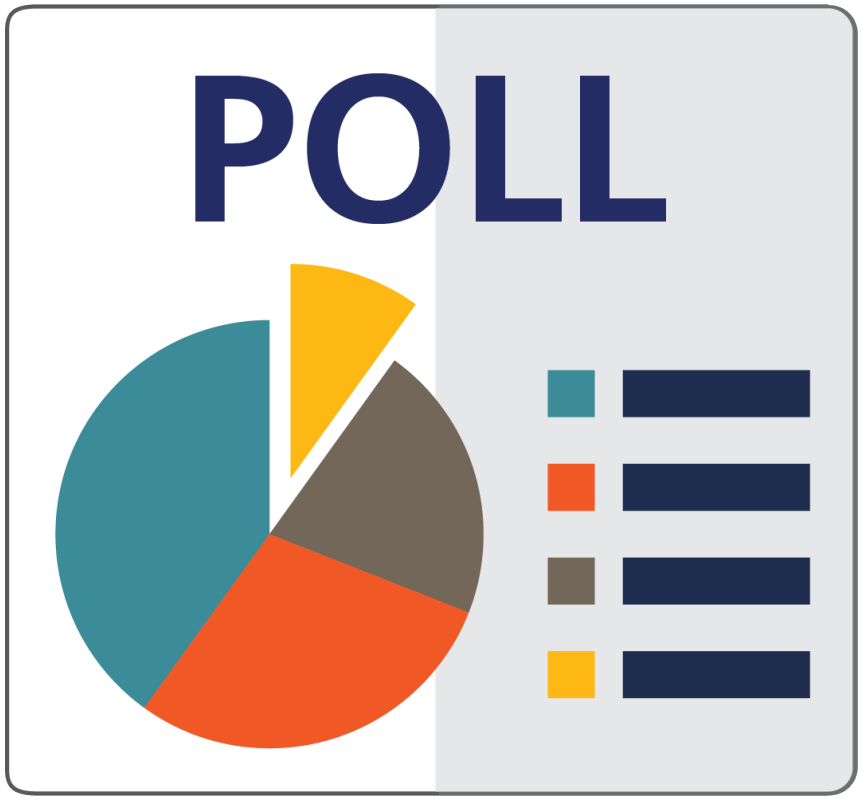


Peter Wilson

Community Outreach Specialist

Seneca Strong

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Does your tribe utilize peer recovery as part of substance use treatment?

- Yes, we have peer recovery specialists providing support to tribal members
- Yes, we have a program but have not fully implemented it yet
- No, we don't have a program but would like to set one up.
- No, we don't have a program and have no current plans for one

Panel Discussion: Peer Recovery Best Practices

Kevin Poleyumptewa,
Program Coordinator,
National Criminal Justice Training Center

Caley Small,
Tribal TA Specialist,
BJA COSSUP Access and Recovery TTA Center

Sunny Duran,
Program Director,
Northern Arapaho Tribe
White Buffalo Recovery Center

Bobby Dorton
Re-entry Manager,
Tribal Government and Justice
Tanana Chiefs Conference

Peter Wilson
Community Outreach Specialist,
Seneca Strong

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Tribal PRSS Community Practice (CoP)

- Offers an opportunity for in-depth conversations with other tribes who are implementing or planning to implement a peer recovery support service program.

- Four 90-minute virtual sessions: January – April 2025

Tribal PRSS Community Practice (CoP) - Eligibility

Ideal participants:

- Are seriously considering implementing a PRSS program

  -OR-
- Are currently implementing a PRSS program

  -OR-
- Are actively developing a PRSS program

- **If your Tribe is interested in receiving more information, follow the link in the chat to complete a simple form.**

Presenters and Panel Contact Information and Final Q & A



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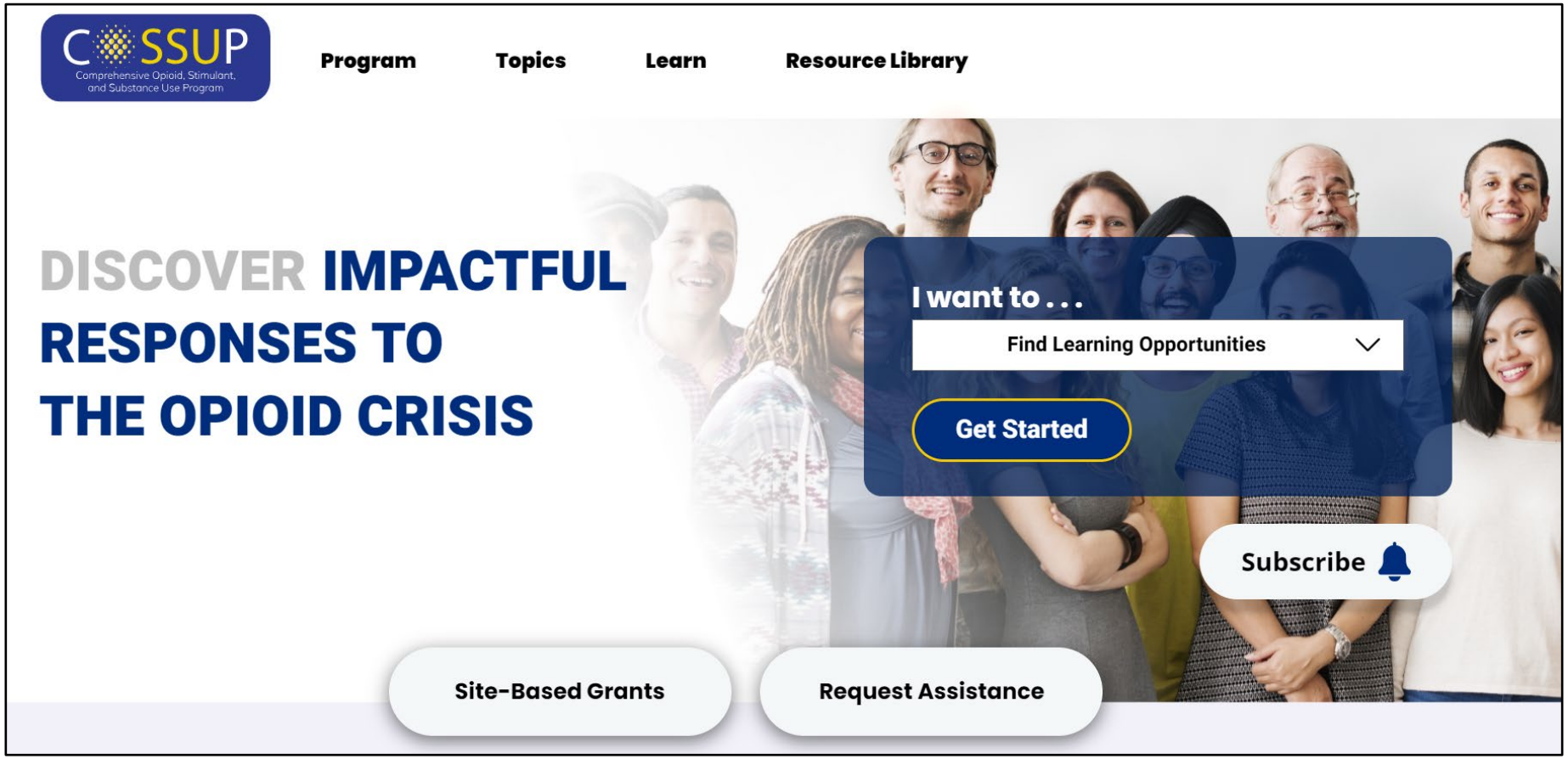


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Bureau of Justice Assistance's

Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP) Resource Center



www.cossup.org

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COSSUP Resources

Tailored Assistance—The COSSUP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation's substance abuse crisis. ***You do not need to be a COSSUP grantee to request support***. TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at https://www.cossup.org/Program/TTA/Request.

Funding Opportunities—Current COSSUP and complementary funding opportunities are shared at https://www.cossup.org/Program/Funding.

Join the COSSUP community! Subscribe now at https://www.cossup.org/Subscription to receive information on the latest COSSUP webinars, newsletters, funding opportunities, announcements, and more.

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Upcoming NCJTC Training & Technical Assistance Opportunities

*Watch your inbox and visit **www.ncjtc.org/trasm** to view upcoming webinars and live online instructor-led trainings.*

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Overdose Fatality Review Forum & Tribal Workgroup

February 11-12, 2025 | Portland, Oregon

The 1 ½ day forum focuses on the advances that Overdose Fatality Reviews (OFRs) and communities have made in collaborating to prevent substance misuse and future overdose deaths.

Tribal Workgroup

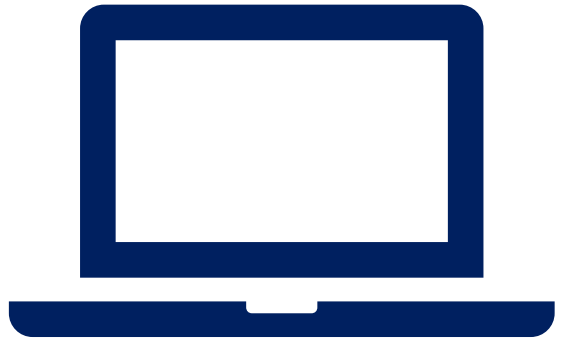
The Building Hope for Healing: Exploring Implementation of Overdose Fatality Reviews in Tribal Communities Workgroup will offer tribal communities the opportunity to engage in peer exchange, inform future OFR training and technical assistance specific to tribes, and help shape culturally appropriate OFR resources.

More info and registration: https://ofrnational2025.vfairs.com/

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