


# Better Together? A Review of Evidence for Multi-Disciplinary Teams Responding to Physical and Sexual Child Abuse

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## Abstract

Multi-Disciplinary teams (MDTs) have often been presented as the key to dealing with a number of intractable problems associated with responding to allegations of physical and sexual child abuse. While these approaches have proliferated internationally, researchers have complained of the lack of a specific evidence base identifying the processes and structures supporting multi-disciplinary work and how these contribute to high-level outcomes. This systematic search of the literature aims to synthesize the existing state of knowledge on the effectiveness of MDTs. This review found that overall there is reasonable evidence to support the idea that MDTs are effective in improving criminal justice and mental health responses compared to standard agency practices. The next step toward developing a viable evidence base to inform these types of approaches seems to be to more clearly identify the mechanisms associated with effective MDTs in order to better inform how they are planned and implemented.

## Keywords

sexual abuse, child abuse, forensic interviewing, treatment/intervention

Internationally, child abuse professionals, police, and medical and mental health providers have grappled with how best to respond to children who have been abused. Part of the challenge is that an understanding of *best* is highly influenced by the disciplinary background of the worker and the agency they represent (Pardess, Finzi, & Sever, 1993). While individuals are highly motivated to work toward the best interests of children, this can be understood in different and sometimes contradictory ways depending on the perspective of the worker (Lalayants & Epstein, 2005). Children who have been physically and sexually abused and their families will interact with a variety of agencies, each with their own mandate. Multi-disciplinary work aims to improve the response through enhanced communication and collaboration across agencies, to reduce the potential for confusion, duplication, and agencies acting at cross-purposes (Newman, Dannenfels, & Pendleton, 2005).

Multi-Disciplinary Teams (MDTs) typically have highly ambitious outcomes (Cross, 2001) including higher rates of successful prosecution of physical and sexual child abuse (Miller & Rubin, 2009), the reduction of additional trauma associated with inappropriate responses to abuse, and the reduction of child trauma symptoms (Connors-Burrow et al., 2012). However, even across some of the most developed models, there is a lack of a coherent theory of change about how these outcomes will be achieved (Herbert & Bromfield, 2016), with programs relying more on a set of principles that are assumed to contribute holistically to intended outcomes. This

is further complicated by the fact that many of the intended outcomes of MDTs depend on a complex variety of other factors external to the program (e.g., conditions in the family, decisions made by police or prosecutors based on the likelihood of obtaining a prosecution). Herbert and Bromfield (2016) suggest that MDTs need to not only develop a clear theory of change but also to identify components of their response and outcomes that can reasonably be attributed to parts of the program (e.g., multi-disciplinary case review, interview support by a child advocate). While teams and approaches will differ, by identifying common mechanisms of change researchers can develop an evidence base across models. This seems particularly important given the paucity of evidence, in particular for child and family outcomes, across many of these commonly used models of multi-disciplinary practice. This would address criticisms of the lack of attention in the literature to the form and structure of particular MDTs (Lalayants & Epstein, 2005), helping policy makers and service planners develop teams appropriate for their jurisdiction and identify important measures to take in order to improve their implementation.

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## What Are Multi-disciplinary Physical and Sexual Child Abuse Teams?

The scope of this review includes what we have termed *multi-disciplinary child abuse teams*. These include a variety of cross-agency and cross-disciplinary partnerships between agencies responsible for elements of the response to child abuse. Typically, these teams are assembled in order to improve information sharing and coordination between agencies, recognizing the serious consequences poor cross-agency communication can have (e.g., Child Protection Systems Royal Commission, 2016). This review will examine the evidence for all types of cross-agency teams in order to evaluate the existing quality of the evidence base of multi-disciplinary responses to child abuse broadly.

Child/Children's Advocacy Centers (CACs) are the most prominent MDT approach in the research literature area, an approach originally developed out of a desire to minimize the negative impacts of the criminal justice process on children (Yeaman, 1986), along with improving criminal justice outcomes (Walsh, Lippert, Cross, Maurice, & Davison, 2008), and a focus on increasing the delivery of support services (Jones, Cross, Walsh, & Simone, 2007). Although there is significant variation across CACs (Jackson, 2004), the National Children's Alliance accreditation standards mean there are some common features/principles across centers (National CAC, 2013).

Children's Houses or Barnahus developed from the CAC model, modified to fit the social welfare tradition of the Nordic countries that adopted this approach (Guobrandsson, 2014). Children's Houses involve an interview under the supervision of a court judge that is observed by each of the agencies involved in responding to the case (Guobrandsson, 2014). This interview is considered equivalent to court testimony for any future court proceedings, meaning the child does not need to testify again (Rasmusson, 2011).

Other MDTs are institutionalized within the standard statutory response to physical and sexual abuse, with frameworks for different agencies to share information and collaborate on casework. As an example, in New South Wales, the Joint Investigation and Response Teams statewide response involves co-located specialist police investigators, statutory child protection workers, and health practitioners who work within an agreed cross-agency protocol (New South Wales Ombudsman, 2012). Varying degrees of cross-agency processes exist in Australian jurisdictions (Bromfield & Higgins, 2005; Herbert & Bromfield, 2017), with either a co-located team or through structured processes that require cross-agency decision-making. What each of these approaches has in common is the aim to improve the systemic response to physical and sexual child abuse through the integration of agencies, workers, and resources.

MDT models in this context includes responses to child abuse built around a cross-agency agreement or protocol for how agencies and workers involved in the response will operate across their traditional agency and disciplinary lines (Lalayants & Epstein, 2005). This typically involves structured meetings

(i.e., case review meetings) and shared processes (i.e., cross-agency interviewing of children). In the context of this review, models may be oriented toward the investigation of alleged abuse by statutory authorities (i.e., police or child protection) or toward the treatment of children and families affected by abuse. Many models will aim to integrate both investigative and support responses (e.g., CACs, Barnahus).

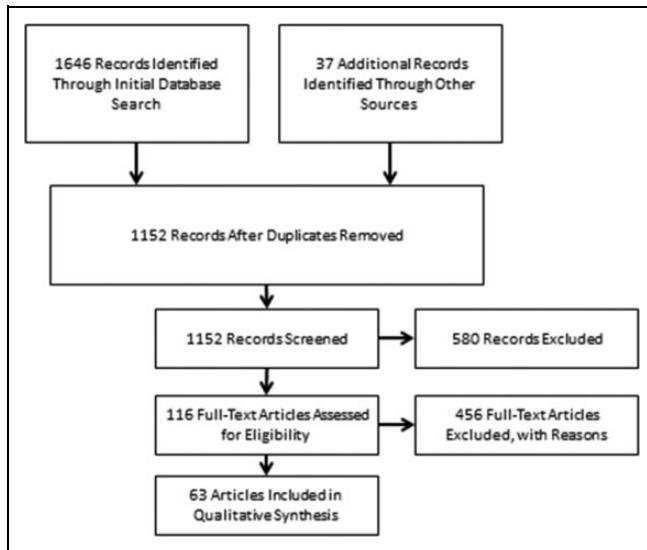
This systematic search of the literature builds on Herbert and Bromfield (2016), but going beyond CACs to include different types of multi-disciplinary approaches. This study was prompted by the discovery from the previous review that much CAC research focuses on improvements to criminal justice outcomes, with limited research evidence on child and family outcomes. Research has also highlighted considerable variation within the CAC model (Herbert, Walsh, & Bromfield, 2017; Jackson, 2004), which suggests that among the body of practice many CACs will not be distinct from other MDT approaches. This overlap in practice suggests there may be some value in considering MDTs more broadly in examining the evidence of their effectiveness.

By extending the search to all types of MDTs, this review aimed to broaden the focus to many different types of collaborative teams responding to physical and sexual child abuse in order to obtain a better understanding of the effectiveness of the common elements of team approaches that is generalizable across a wider variety of teams. While there is overlap in terms of the studies included in both reviews, 41% of the studies included were in Herbert and Bromfield (2016), the additional studies identified add significantly to the evidence base, particularly in terms of the child and family outcomes that were found to be lacking in the CAC literature.

The research questions aim to address: (1) What types of study designs are used to evaluate multi-disciplinary approaches to physical and sexual child abuse? (2) What types of outcomes are measured? and (3) What evidence exists for the effectiveness of multi-disciplinary approaches to physical and sexual child abuse? Questions 1 and 2 will deal with the broader body of research literature, including qualitative studies and studies without control groups, in order to provide a broad overview of approaches used, and the outcomes associated with MDTs. Question 3 deals with studies that include a comparison between a MDT and a comparison or control group.

## Method

A search of the Psycinfo, Medline, Embase, Proquest Dissertations and Theses, and Proquest Family Health databases was undertaken over August 9, 2015, to August 28, 2015, using the following search string: (multi-disciplin\* or multidisciplin\* or inter-discipli\* or interdiscipli\* or inter-agency\* or interagency\* or multi-agency or multiagency or MDT) and (child or children\*) and (team\* or centre\* or center\*) and (abus\* or assault\* or molest\* or offen\* or victimiz\* or violenc\* or exploit\*). Searches were undertaken in both the title and abstract fields for each database, with the results then combined. The search was restricted to peer-reviewed articles published after 1980 and in English. Examinations of previous



**Figure 1.** Results of the systematic search of the literature on multi-disciplinary teams.

review papers were undertaken to ensure the search was comprehensive; some relevant titles were identified through the National CAC's (2010) review of evidence, Kolbo and Strong (1997), Lalayants and Epstein's (2005) reviews of multi-disciplinary responses to child abuse, and Herbert and Bromfield's (2016) and Elmquist et al. (2015) reviews of the evidence for CACs. An additional ad hoc search for articles published since the original search was conducted using the same search string as above on December 6, 2016, in Psychinfo, Medline, and Embase with no additional eligible articles found, although a systematic review of some outcomes (i.e., prosecution of offenses and satisfaction of nonoffending caregivers) associated with CACs was published (Nwogu et al., 2015).

Titles were included where they were found to involve direct research on types of collaborative teams responding to physical and sexual child abuse. These studies were then further examined and screened based on their usefulness in addressing the research questions (Figure 1). The studies included in the review ( $N = 63$ ) were then sorted into categories based on the type of study undertaken and the type of evidence produced.<sup>1</sup> Questions 1 and 2 included all kinds of studies evaluating MDT approaches; studies for Question 3 were restricted to studies with a comparison between a multi-disciplinary response and an appropriate comparison condition. Many studies were excluded from this review, as they merely described a multi-disciplinary model being implemented or involved research on factors associated with the operation of MDTs. Many studies were also excluded as they mainly involved characteristics of the cases seen by teams, rather than providing any information about the effectiveness of those teams in achieving particular outcomes.

## Results

The results have been split into three sections corresponding to the research questions: research designs of studies, types of

**Table 1.** Types of Teams Evaluated.

|  |                  |
|--|------------------|
| CAC-based team (or similar)  | ( $n = 29$ ) 46% |
| Multiagency response (studies focusing on different levels of ties or collaboration)                                 | ( $n = 9$ ) 14%  |
| Therapeutic-focused consulting teams   | ( $n = 8$ ) 13%  |
| Investigation-focused team   | ( $n = 5$ ) 8%   |
| Hospital-based team  | ( $n = 7$ ) 11%  |
| Other (i.e., community collaboration network, collaboration protocol, collaborative committee, interagency protocol) | ( $n = 4$ ) 6%   |
| Sexual assault resource team   | ( $n = 1$ ) 2%   |

Note. CAC = Child/Children's Advocacy Center.

outcomes included in studies, and comparisons of differences between MDT and comparison conditions. Broadly, the search strategy identified studies reporting on a variety of teams (see Table 1) including MDTs within a CAC or a similar kind of community-based collaboration ( $n = 29$ ), therapeutically focused teams that are brought in to provide and refer children to needed services ( $n = 8$ ), teams focused on identifying evidence of abuse for investigative purposes ( $n = 5$ ), and hospital-based teams that respond to suspected abuse cases as they present ( $n = 7$ ). Nine of the studies included reported on the effect that closer ties or relationships between agencies have on outcomes; these studies were included as their method involved examining the effect of different degrees of cross-agency integration.

The majority of articles included reported on research undertaken in the United States ( $n = 47$ , 75%), with small proportions undertaken in Australia ( $n = 6$ , 10%), England ( $n = 2$ , 3%), and other countries ( $n = 8$ , 15%).

The majority of the studies included in the review were evenly divided between teams that responded to a broad variety of cases of abuse and neglect ( $n = 28$ , 44%) or child sexual abuse specifically ( $n = 28$ , 44%). A smaller proportion of teams responded to physical and sexual abuse ( $n = 4$ , 6%) or physical abuse only ( $n = 3$ , 5%).

### Types of Studies Evaluating the Effectiveness of MDTs

The studies included in the review fit into four main categories: evaluations of MDTs with a comparison group of some type, evaluations without a comparison group, evaluations involving perceived outcomes, and studies that examine the effect that different levels of collaboration have on particular outcomes. While not directly addressing the question of the effectiveness of teams, the inclusion of these other categories of studies addresses the question of the types of methods used to research MDTs and the types of outcomes researchers have examined in relation to MDTs.

As outlined in Table 2, the studies with comparison groups ( $n = 22$ ) include studies that have evaluated the effectiveness of MDTs against communities without such teams or with a lower concentration of teams (Miller & Rubin, 2009). Six studies involved different intake procedures within the same

**Table 2.** Proportions of Different Types of Studies.

|   |                                  |
|---|----------------------------------|
| Multi-disciplinary teams with a comparison group    | ( <i>n</i> = 22) 35%             |
| Comparison communities                              | ( <i>n</i> = 9) <sup>a</sup> 14% |
| Different intake (e.g., random assignment)          | ( <i>n</i> = 6) <sup>b</sup> 10% |
| Preimplementation of the team                       | ( <i>n</i> = 6) 10%              |
| Same case assessment                                | ( <i>n</i> = 1) 2%               |
| Multi-disciplinary teams without a comparison group | ( <i>n</i> = 23) 37%             |
| Perceived outcomes of multi-disciplinary teams      | ( <i>n</i> = 10) 16%             |
| Multi-disciplinary responses                        | ( <i>n</i> = 8) 13%              |

<sup>a</sup>One study included both pre-implementation and different intake comparisons for difference variables. <sup>b</sup>One study included both pre-implementation and comparison communities for different variables.

community(s), this varied from random assignment to a multi-disciplinary response, to intake processes that were not explicitly explained in the study, a limitation in these types of studies discussed in detail by Herbert and Bromfield (2016). Five studies relied on a comparison to outcome data from prior to the implementation of a MDT (e.g., Wolfeich & Loggins, 2007), and one study involved comparing the initial assessment of cases by an MDT, to the eventual results of child protection investigations (Brink, Thackeray, Bridge, Letson, & Scribano, 2015).

A large group of studies reported on the outcomes of MDTs without comparison groups (*n* = 23), although some did try to identify comparison figures from other studies (Faller & Henry, 2000; Hochstadt & Harwicke, 1985). The lack of comparison data seems to be related to a number of factors, such as the difficulty of designing ethical research with a condition where abused children and their families may receive less care, and the diffuse number of agencies administrative data would have to be obtained from to compare outcomes against a team where data are collected across agencies.

An additional classification was developed for studies included in the review that reported on perceptions of a particular outcome without directly measuring it. These were retained in the review as these studies provide an important insight into the types of outcomes that workers and clients indicated could be expected from teams, although these studies cannot provide evidence of effectiveness for the approach. A group of studies included in the review (*n* = 10) were classified as reporting on perceived outcomes; this is not to denigrate the quality of the research, most of these studies were appropriately conducted qualitative studies (e.g., Powell & Wright, 2012). While the views of staff working in multi-disciplinary models are an important bellwether of effectiveness, staff perceptions of the model may be influenced by a variety of other factors.

Finally, a group of studies were included that report on the effect of degrees of collaboration across many different teams (*n* = 8), as distinct from the evaluation of a particular MDT (or a small number of teams in the case of Cross, Jones, Walsh, Simone, & Kolko, 2007). All these studies have operationalized features of collaboration between agencies (e.g., co-location, arrangements for information sharing) that would be involved in MDTs and measured the effect of these on outcomes (primarily referral to services) across many different teams. As an example, Chuang and Lucio examined the effect of increased

ties between child welfare agencies, schools, and mental health, with the level of ties being a composite of variables including having a care coordinator position, cross-training of staff, co-location of staff, and arrangements for sharing records. Given that the presence of all these characteristics seems consistent with an MDT, these studies provide important information about the effect of increasing levels of collaboration have on outcomes.

The studies included were predominantly from peer-reviewed journals (*n* = 53, 83%), particularly *Child Abuse & Neglect* (*n* = 22). A smaller proportion of studies were from published theses (*n* = 11, 17%).

### Types of Outcomes Evaluated

The studies reported on a variety of outcomes which the teams were assessed against (Table 3), primarily criminal justice outcomes (*n* = 26), whether children and their families were referred to and received mental health and other support services (*n* = 17), child protection outcomes (e.g., removal/place-ment of children in out of home care; *n* = 16), characteristics associated with the response (e.g., number of interviews, involvement of particular agencies in the investigation; *n* = 19), and satisfaction with the response provided by the team (*n* = 17).

**Criminal justice outcomes.** The criminal justice outcomes included mostly focused on how far through the criminal justice process particular cases proceeded; the number of cases that resulted in arrests, charges, prosecutions, and convictions (e.g., Miller & Rubin, 2009; Sedlak et al., 2006). Three studies examined the timeliness of these events in the criminal justice process (Turner, 1997; Walsh et al., 2008; Wolfeich & Loggins, 2007). Some studies used community-level crime rates to compare jurisdictions (Ruggieri, 2011; Shao, 2006).

**Receipt of mental health and support services and mental health symptoms.** A substantial number of studies (*n* = 17) also examined outcomes related to the referral, uptake and completion of mental health, counseling, and other support services for children and families. These figures primarily reported the number of identified services children and families are successfully referred to. This included a group of studies that all examined the use of mental health services across large child protection data sets (Bai, Wells, & Hillemeier, 2009; Chuang & Lucio, 2011; Chuang & Wells, 2010; Cross, Finklehor, & Ormrod, 2005; Humphreys, 1995; Hurlburt et al., 2004). In comparison, relatively few studies reported on the outcomes of these services, in terms of trauma symptoms and child behavioral issues (*n* = 7), and no studies involved comparing improvements on mental health measures across types of approaches (e.g., CAC vs. separate agency response).

**Child protection outcomes.** Child protection outcomes related to the actions taken by agencies in relation to child protection concerns (e.g., removal from the home) and longer term outcomes related to the care of children over the longer term (e.g., achievement of permanent placement). Some studies reported

**Table 3.** Types of Outcomes by Study Type.

| Outcome Type                                  | Multi-disciplinary Team With Comparisons (n = 22) <sup>a</sup> | Multi-disciplinary Team Without Comparisons (n = 23) <sup>a</sup> | Perceived Outcomes of Multi-disciplinary Teams (n = 10) <sup>a</sup> | Multi-disciplinary Responses (n = 8) <sup>a</sup> | Totals (n = 63) <sup>a</sup> |
|---|--|---|--|---|------------------------------|
| Criminal justice outcomes                     | 15 (58%)   | 10 (38%)  | 1 (4%)   | 0 (0%)  | (n = 26)                     |
| Receipt of mental health and support services | 3 (18%)  | 8 (47%)   | 1 (6%)   | 5 (29%)   | (n = 17)                     |
| Child protection outcomes                     | 3 (16%)  | 11 (58%)  | 1 (5%)   | 1 (5%)  | (n = 16)                     |
| Process characteristics                       | 7 (37%)  | 2 (11%)   | 8 (42%)  | 2 (11%)   | (n = 19)                     |
| Satisfaction with approach                    | 4 (24%)  | 6 (35%)   | 7 (41%)  | 0 (0%)  | (n = 17)                     |
| Mental health symptoms                        | 0 (0%)   | 5 (71%)   | 0 (0%)   | 2 (29%)   | (n = 7)                      |
| Receipt of medical services                   | 4 (80%)  | 1 (20%)   | 0 (0%)   | 0 (0%)  | (n = 5)                      |
| Medical symptoms                              | 0 (0%)   | 1 (100%)  | 0 (0%)   | 0 (0%)  | (n = 1)                      |

<sup>a</sup>Most studies included more than one category of outcome.

on the rates at which abuse was substantiated at the team level to the degree that the case needed to be reported to child protection authorities (e.g., Chen et al., 2010; Wallace, Makoroff, Malott, & Shapiro, 2007), while others reported on the rates at which cases were substantiated by child protection authorities based on their investigations (e.g., Cross et al., 2005; Jenson, Jacobson, Unrau, & Robinson, 1996). Four studies also looked at the rates of child removals resulting from claims of physical and sexual child abuse (Cross et al., 2005; Hochstadt & Harwicke, 1985; Rivara, 1985; Sahin et al., 2009), while Jenson, Jacobson, Unrau, and Robinson (1996) similarly looked at whether the living situation of the children had changed 3 months after the report.

**Process characteristics.** Many studies reported on what the researchers have termed “process characteristics”; that is, parts of the multi-disciplinary response that are assumed to affect outcomes. In evaluation these may be identified as outputs, variables that suggest the intervention is being delivered as intended (Owen, 2006). In the case of MDTs, these include characteristics such as the involvement of police and/or child protection in cases (e.g., Faller & Henry, 2000), the number of interviews or interviewers children are exposed to (e.g., Turner, 1997), whether child interviews are conducted in a child-friendly environment (e.g., Cross, Jones, Walsh, Simone, & Kolko, 2007), the degree of cross-agency collaboration on a case (Walsh et al., 2008), and the involvement of children and families in the response to abuse (e.g., Goldbeck, Laib-Koehnemund, & Fegert, 2007).

**Satisfaction measures.** Seventeen studies examined measures of satisfaction, primarily drawing on staff (n = 10), but also caregivers (n = 8) and children (n = 4) to rate their satisfaction with the response. Staff satisfaction involved interviews that broadly asked workers about their experience in the model (Hebert, Bor, Swenson, & Boyle, 2014; Klenig, 2007; Onyskiw, Harrison, Spady, & McConnan, 1999; Powell & Wright, 2012), although most studies examined it using survey instruments (e.g., Goldbeck et al., 2007; Lalayants, Epstein, & Adamy, 2011). Standardized surveys were more common among

studies examining satisfaction among caregivers (Bonach, Mabry, & Potts-Henry, 2010; Hubel et al., 2014; Jenson et al., 1996; Jones et al., 2007; Walsh, Cross, Jones, Simone, & Kolko, 2007) and children (Hubel et al., 2014; Jenson et al., 1996; Jones et al., 2007).

**Receipt of medical services and medical symptoms.** Relatively few studies included outcomes related to medical care (n = 5) and improvement in symptoms (n = 1). Primarily studies examined whether children received a physical examination as part of the response (Chomba et al., 2010; Edinburgh, Saewyc, & Levitt, 2008; Smith, Witte, & Fricker-Elhai, 2006; Walsh et al., 2007).

### **Evidence for the Effectiveness of MDTs Responding to Child Abuse**

The evidence for the outcomes associated with MDTs compared to comparison groups is reviewed in five categories as follows: criminal justice outcomes, mental health/support service referral and improvement in trauma symptoms, child protection outcomes, satisfaction with response, and medical referral and improvement in medical symptoms.

**Criminal justice outcomes.** Studies examining criminal justice outcomes were mixed in terms of finding that MDTs resulted in more arrests and prosecutions than comparison groups (i.e., pre- and postimplementation of teams, comparison to other communities without teams, or different intake processes). Many of the earlier studies (e.g., Jaudes & Martone, 1992; Turner, 1997) found significant differences compared to more recent studies. Many of the practices of MDTs and CACs have diffused into practice as usual in some jurisdictions, which may result in a higher baseline for MDTs in later studies. Table 4 provides a breakdown of positive and null findings among studies that examined criminal justice outcomes with comparisons.

The studies included examined different criminal justice variables, under different types of conditions. Outcomes earlier in the criminal justice process (i.e., police substantiations) were more likely to be significantly different between teams and their

**Table 4. Significant and Nonsignificant Findings on Criminal Justice Outcomes Between Teams and Comparisons (Negative Findings Where Indicated).**

| MDT Type   | N                | Comparison Group  | Types of Abuse in Study                  | Significant Findings   | Null Findings  |
|--|------------------|---|--|--|--|
| CAC-based team (or similar)<br>Lippert, Cross, Jones, and Walsh (2009)             | 987              | Comparison to other community   | Child sexual abuse                       |  | Disclosure in forensic interview   |
| Miller and Rubin (2009)  | Pop <sup>a</sup> | Comparison to other community   | Child sexual abuse                       | Felony prosecutions for CSA  |  |
| Ruggieri (2011)  | Pop <sup>a</sup> | Comparison to other community   | Child sexual abuse                       | Substantiation of CSA<br>Prior victimization   | CSA rates  |
| Shao (2006)  | Pop <sup>a</sup> | Comparison to other community   | Child sexual abuse                       | CSA rates  | Physical, emotional abuse, and neglect rates   |
| Walsh, Lippert, Cross, Maurice, and Davison (2008)                                 | 160              | Comparison to other community   | Child sexual abuse                       | Time to charging decision  | Case resolution time   |
| Edinburgh, Sawyc, and Levitt (2008)  | 256              | Different intake  | Child sexual abuse                       |  | Total case processing time   |
| Joa and Edelson (2004)   | 101              | Different intake  | Child sexual abuse                       | Criminal charges   | Criminal charges   |
| Shepler (2010)   | 370              | Different intake  | Child sexual abuse                       | Number of criminal charges<br>Guilty pleas   | Criminal convictions   |
| Smith, Witte, and Fricker-Elhai (2006)   | 76               | Different intake  | Physical and sexual abuse                | Substantiations  | Sentence length  |
| Bradford (2005)  | 717              | Comparison to preteam   | Child sexual abuse                       | Criminal charges   | Guilty verdicts (where cases go to court)  |
| Wolfteich and Loggins (2007) <sup>b</sup>  | 184              | Comparison to preteam<br>Different intake (child protection team MDT) | All types of abuse<br>All types of abuse | Convictions (where cases are filed)<br>Substantiation (CAC vs. MDT vs. standard practice)  | Sentence type (where convicted)<br>Sentence length (where convicted)<br>Revictimization                  |
| Sexual assault resource team<br>Campbell, Greeson, Bybee, and Fehler-cabral (2012) | 392              | Comparison to other community   | Child sexual abuse                       |  | Time to revictimization  |
| Investigation-focused team<br>Jaudes and Martone (1992)                            | 264              | Comparison to preteam   | Child sexual abuse                       | Substantiation of abuse<br>Identification of perpetrator   | Substantiation (CAC vs. MDT)<br>Arrest (CAC vs MDT)  |
| Turner (1997)  | 155              | Comparison to preteam   | Child sexual abuse                       | Criminal charge (where perpetrator is identified)<br>Time from report to referral to police<br>Time from child protection receipt of report to police involvement<br>Overall length of investigation<br>Arrest<br>Criminal charges<br>Criminal convictions | Criminal charges (CAC vs. MDT)<br>Revictimization (CAC vs. MDT)  |
| Therapeutically focused team<br>Goldbeck, Laib-Koehmemund, and Fegert (2007)       | 80               | Different intake  | All types of abuse                       |  | Referred for prosecution<br>Accepted for prosecution<br>Dropped or acquitted<br>Plea or trial conviction |

Note. CAC = Child/Children's Advocacy Center; CSA = Child Sexual Abuse.

<sup>a</sup>Study involved population data, for example, number of prosecutions across the entire population of a city. <sup>b</sup>Study involves the comparison of three conditions on some variables; a CAC, a child protection MDT lead by law enforcement, and practice before either initiative was implemented.

Prosecution (significantly higher rates in the control condition)

**Table 5.** Significant and Nonsignificant Findings on Mental Health/Support Outcomes Between Teams and Comparisons (Negative Findings Where Indicated).

| MDT Type  | N     | Comparison Group                                       | Types of Abuse in Study   | Significant Findings  | Null Findings  |
|---|-------|--|---------------------------|---|--|
| CAC-based team (or similar)                     |       |  |                           |   |  |
| Edinburgh, Sawyc, and Levitt (2008)             | 256   | Different intake                                       | Child sexual abuse        | Mental health screening<br>Referral to counseling   |  |
| Smith, Witte, and Fricker-Elhai (2006)          | 76    | Different intake                                       | Physical and sexual abuse | Mental health referral (where cases were substantiated) <sup>a</sup>  |  |
| Investigation-focused team                      |       |  |                           |   |  |
| Turner (1997)                                   | 155   | Comparison to preteam                                  | Child sexual abuse        | Involvement of mental health professional in interviews   |  |
| Multi-disciplinary response                     |       |  |                           |   |  |
| Bai, Wells, and Hillemeier (2009)               | 1613  | Different levels of collaboration factors across teams | All types of abuse        | Mental health service use<br>Mental health improvement  |  |
| Chuang and Lucio (2011)                         | 491   | Different levels of collaboration factors across teams | All types of abuse        | School-based mental health service use<br>Outpatient mental health service use  |  |
| Chuang and Wells (2010)                         | 178   | Different levels of collaboration factors across teams | All types of abuse        | Inpatient mental health service use (attributed to linked databases)  | Outpatient mental health service use (Collaboration and linked databases) <sup>b</sup><br>Inpatient mental health service use (Collaboration) <sup>b</sup> |
| Cross, Finklehor, and Omrod (2005) <sup>c</sup> | 3,842 | Different levels of collaboration factors across teams | All types of abuse        | Any service provision or referral (physical, sexual abuse, and neglect)<br>Receipt of services for parents (sexual abuse and neglect)<br>Receipt of services for children (physical and sexual abuse) | Receipt of services for parents (physical abuse)<br>Receipt of services for children (neglect)   |
| Glisson and Hemmelgarn (1998)                   | 250   | Different levels of collaboration factors across teams | All types of abuse        |   | Mental health service outcomes   |
| Hurlburt et al. (2004)                          | 2,823 | Different levels of collaboration factors across teams | All types of abuse        | Mental health service use   |  |

Note. CAC = Child/Children's Advocacy Center.

<sup>a</sup>Samples were not large enough to enable a meaningful  $\chi^2$  comparison; however, the rates were 100% for the CAC condition and 71.4% for the comparison condition. <sup>b</sup>Increased interagency collaboration was related to lower use of services, the authors suggest this was due to clearer agency accountability; linked databases had a null effect on outpatient services. <sup>c</sup>Study examined conditions for both joint investigations and joint planning between police and child protection, as well as multi-disciplinary teams. The analysis included compared multi-disciplinary teams versus child protection alone.

comparisons (Jaudes & Martone, 1992; Ruggieri, 2011; Smith et al., 2006; Wolfteich & Loggins, 2007) than not (Wolfteich & Loggins, 2007). Across studies, the results were less consistent for outcomes like criminal charges filed/prosecutions for abuse with some studies finding a significant difference (Bradford, 2005; Joa & Edelson, 2004; Miller & Rubin, 2009; Turner, 1997), and some finding no difference between teams and their comparisons (Campbell, Greeson, Bybee, & Fehler-cabral, 2012; Edinburgh et al., 2008; Goldbeck et al., 2007; Wolfteich & Loggins, 2007). Similarly, the results were mixed in terms of convictions, though with more studies suggesting a significant difference (Bradford, 2005; Joa & Edelson, 2004; Turner, 1997), than studies that did not (Edinburgh et al., 2008; Joa & Edelson, 2004).

*Mental health/support service referral and improvement in trauma symptoms.* Studies examining the effect of MDTs against comparison groups in increasing the uptake of needed services predominantly found a significant difference compared to different types of individual agency responses (Table 5). Three studies compared the extent of service referral and the use of services, and all found that outcomes related to service use were significantly greater than the comparison condition (Edinburgh et al., 2008; Smith et al., 2006; Turner, 1997). The five studies that examined a multi-disciplinary response found mostly significant results for the effect of increased collaboration or ties between service agencies (Bai et al., 2009; Cross et al., 2005; Hurlburt et al., 2004) including collaborative characteristics that would

**Table 6.** Significant and Nonsignificant Findings on Child Protection Outcomes Between Teams and Comparisons (Negative Findings Where Indicated).

| MDT Type  | N     | Comparison Group                                       | Types of Abuse in Study | Significant Findings   | Null Findings   |
|---|-------|--|-------------------------|--|---|
| CAC-based team (or similar)                           |       |  |                         |  |   |
| Wolfteich and Loggins (2007) <sup>a</sup>             | 184   | Comparison to preteam                                  | All types of abuse      | Substantiation (CAC vs. MDT vs. standard practice)<br>Time to substantiation (CAC vs. standard practice) | Substantiation (CAC vs. MDT)<br>Time to substantiation (CAC vs. MDT) <sup>b</sup> |
| Brink, Thackeray, Bridge, Letson, and Scribano (2015) | 1422  | Same case assessment                                   | Child sexual abuse      | Agreement between MDT assessment and child protection investigation outcomes                             |   |
| Investigation-focused team                            |       |  |                         |  |   |
| Turner (1997)   | 155   | Comparison to preteam                                  | Child sexual abuse      | Time from child protection receipt of report to police involvement                                       | Case substantiated by child protection<br>Family court petition                   |
| Multi-disciplinary response                           |       |  |                         |  |   |
| Cross, Finkelhor and Omrod (2005) <sup>c</sup>        | 3,842 | Different levels of collaboration factors across teams | All types of abuse      | Out of home placement (neglect)  | Out of home placement (physical, sexual abuse)                                    |

Note. CAC = Child/Children's Advocacy Center; MDT = Multi-Disciplinary Team.

<sup>a</sup>Study involves the comparison of three conditions on some variables; a CAC, a child protection MDT lead by law enforcement, and practice before either initiative was implemented. <sup>b</sup>MDT was significantly faster than the CAC condition. <sup>c</sup>Study examined conditions for both joint investigations and joint planning between police and child protection, as well as multi-disciplinary teams.

suggest that there is an MDT (e.g., colocation, presence of a case review coordinator). Cross, Finkelhor, and Omrod (2005) found no difference on service receipt for the types of abuse was less likely to be involved in investigating (i.e., neglect). One study found that having a single agency responsible for care resulted in an increased likelihood that clients would receive a service (Chuang & Wells, 2010).

**Child protection outcomes.** As shown in Table 6, most of the studies examining child protection-related measures found that the use of MDTs was associated with increased child protection-related responses, although the number of studies with comparison data were very limited ( $n = 4$ ).

**Process characteristics.** Quite a few outcomes assessed by studies related more to outputs, or variables that suggest the approach is being delivered as intended such as the number of interviews or the involvement of particular agencies in the response (Table 7). Some of the older studies found that MDTs were able to reduce the number of interviews and interviewers child were subjected to (Jaudes & Martone, 1992; Turner, 1997); however, more recent studies found no difference across conditions (Cross et al., 2007). All studies found that teams increased police involvement and joint investigations (Cross et al., 2007; Smith et al., 2006), along with a number of other characteristics part of the CAC model.

A small number of studies reported on collaboration quality with comparison to standard practice in order to see how measures to implement MDTs affect practice-level behaviors. The

findings were mixed, with Cross et al. (2007) concluding that having a CAC resulted in increased formal collaboration between agencies, while Goldbeck et. al. (2007) found that interorganizational communication did not increase with additional disciplines involved in the management of the case. Alshuler (2005) found no difference in survey ratings of collaboration over the course of the implementation of a community-based MDT, although workers rated their collaboration at quite a high level from the start of the program.

**Satisfaction with the response.** Few studies provided a comparison of satisfaction with the MDT response compared with a standard response (Table 8). Jones et al. (2007) found that caregivers were significantly more satisfied with an investigation undertaken at a CAC as opposed to the standard investigative response but found that satisfaction did not differ between conditions for children. The researchers attributed the lack of difference in satisfaction for children to improvements in the child friendliness of investigations in non-CAC communities, along with difficulties obtaining valid quantitative measures of satisfaction from children (Jones et al., 2007). Walsh et al. (2007) found that caregivers were not any more satisfied with medical examinations at a CAC than at a standard response, primarily as both samples were highly satisfied with the exam. Both Lalayants, Epstein, and Adamy (2011) and Goldbeck, Laib-Koehnemund, and Fegert (2007) found that higher levels of satisfaction with multi-disciplinary responses, both from the perspective of the workers who consulted with teams for assistance and from the teams themselves.



**Table 7.** Significant and Nonsignificant Findings on Process Characteristics Between Teams and Comparisons (Negative Findings Where Indicated).

| MDT Type                                      | N     | Comparison Group                                       | Types of Abuse in Study   | Significant Findings   | Null Findings   |
|---|-------|--|---------------------------|--|---|
| CAC-based team (or similar)                   |       |  |                           |  |   |
| Cross, Jones, Walsh, Simone, and Kolko (2007) | 1,069 | Comparison community                                   | All types of abuse        | Police involvement in cases<br>Multi-disciplinary interviews<br>Case reviews<br>Joint police/child protection investigations<br>Video/audiotaping of interviews<br>Interviews at child-friendly facilities<br>Formal coordination between agencies | Number of interviews<br>Number of interviewers  |
| Smith, Witte, and Fricker-Elhai (2006)        | 76    | Different intake                                       | Physical and sexual abuse | Involvement of police in cases   |   |
| Investigation-focused team                    |       |  |                           |  |   |
| Jaudes and Martone (1992)                     | 264   | Comparison to preteam                                  | Child sexual abuse        | Number of interviews<br>Number of interviewers   |   |
| Turner (1997)                                 | 155   | Comparison to preteam                                  | Child sexual abuse        | Number of interviews<br>Number of interviewers<br>Number of interview settings   |   |
| Therapeutically focused team                  |       |  |                           |  |   |
| Lalayants, Epstein, and Adamy (2011)          | 500   | Different intake                                       | All types of abuse        | Family-focused interventions   | Child-centered consultations<br>Strengths-based interventions<br>Culturally sensitive interventions<br>Internal collaboration approach<br>Internal collaborative approach<br>Internal and external collaborative approach<br>Certainty in intervention planning<br>Involvement of children and families<br>Interinstitutional communication<br>Ratings of collaboration |
| Goldbeck, Laib-Koehnemund, and Fegert (2007)  | 80    | Different intake                                       | All types of abuse        |  |   |
| Altshuler (2005)                              | 74    | Comparison to preteam                                  | All types of abuse        |  |   |
| Multi-disciplinary response                   |       |  |                           |  |   |
| Glisson and Hemmelgarn (1998)                 | 250   | Different levels of collaboration factors across teams | All types of abuse        |  | Service quality   |

Note. CAC = Child/Children's Advocacy Center.

*Medical referral and improvement in medical symptoms.* Again, very few studies examined outcomes related to medical referral and improvement in symptoms, but all those that did found that an MDT was significantly more likely to result in the receipt of medical services (Table 9).

### Summary of Results

Broadly, the studies identified by the search provide some evidence for the effectiveness for MDTs on most of the outcomes discussed, although there are particular gaps in terms of high-

**Table 8.** Significant and Nonsignificant Findings on Staff/Caregiver/Child Satisfaction Between Teams and Comparisons (Negative Findings Where Indicated).

| MDT Type                                      | N   | Comparison Group                | Types of Abuse in Study | Significant Findings                                     | Null Findings                                     |
|---|-----|---------------------------------|-------------------------|--|---|
| CAC-based teams (or similar)                  |     |                                 |                         |  |   |
| Jones, Cross, Walsh, and Simone (2007)        | 284 | Comparison to other communities | Child sexual abuse      | Caregiver satisfaction with the investigation            | Children's satisfaction with the investigation    |
| Walsh, Cross, Jones, Simone, and Kolko (2007) | 143 | Comparison to other communities | Child sexual abuse      |  | Caregiver satisfaction with a medical examination |
| Therapeutically focused teams                 |     |                                 |                         |  |   |
| Lalayants, Epstein, and Adamy (2011)          | 500 | Different intake                | All types of abuse      | Staff satisfaction with multi-disciplinary consultations |   |
| Goldbeck, Laib-Koehnemund, and Fegert (2007)  | 80  | Different intake                | All types of abuse      | Staff satisfaction with the degree of child protection   |   |

Note. CAC = Child/Children's Advocacy Center.

**Table 9.** Significant and Nonsignificant Findings on Medical Outcomes Between Teams and Comparisons (Negative Findings Where Indicated).

|   | N    | Comparison Group      | Types of Abuse in Study   | Significant Findings   | Null Findings                  |
|---|------|-----------------------|---------------------------|--|--------------------------------|
| CAC-based team (or similar)                   |      |                       |                           |  |                                |
| Edinburgh, Saewyc, and Levitt (2008)          | 256  | Different intake      | Child sexual abuse        | Receipt of physical exam, genital exam (when indicated), and receipt of postexposure prophylaxis |                                |
| Smith, Witte, and Fricker-Elhai (2006)        | 76   | Different intake      | Physical and sexual abuse | Positive genital trauma findings   | Receipt of medical examination |
| Walsh, Cross, Jones, Simone, and Kolko (2007) | 143  | Comparison community  | Child sexual abuse        | Receipt of medical examination   |                                |
| Hospital-based team                           |      |                       |                           |  |                                |
| Chomba et al. (2010)                          | 2863 | Comparison to preteam | Child sexual abuse        | Completion of postexposure prophylaxis   |                                |

Note. CAC = Child/Children's Advocacy Center.

quality studies among a few types of outcomes. The review highlights a few areas in need of further research; along with reinforcing the need for syntheses of the literature that take into account some of the variations in form of different types of MDTs (Herbert et al., 2017; Jackson, 2004). The studies included were primarily evaluating CACs (46%) or similar types of holistic investigation and support services, in the United States (75%), with most teams focused on responding to all types of abuse and neglect (44%) or just child sexual abuse (44%).

The first research question addressed by this review focused on the types of studies used to evaluate the effectiveness of MDTs in responding to child abuse. Thirty-five percent of the studies examined the outcomes of MDTs with reference to some kind of comparison group this included: studies comparing to a different community without MDTs or with limited use of such teams (14%), studies undertaken in the same community but with different intake processes to provide a control group for the team (6%), comparisons of outcomes from before the team was implemented (6%), and a study where cases were assessed by both an MDT and whoever would usually process

the case (2%). A large group of studies presented the outcomes of an MDT without comparison to a control group (37%), and another group of studies relied on perceived outcomes (16%), that is a methodology that relied on the perceptions of staff to report on various outcomes related to the team (e.g., perceived improvements in the referral of children to services). Thirteen percent of studies reported on the outcomes of studies of multi-disciplinary responses; cases with data that describe the presence of particular variables that suggest a higher level of multi-disciplinary practice (e.g., collocation of workers and presence of collaboration coordinator).

The second research question concerned the types of outcomes evaluated by the studies included, which were also compared across the types of studies. Nearly half of the studies included involved criminal justice-related outcomes (41%) but also high proportions of studies including mental health and support service-related outcomes (27%) and child protection-related outcomes (30%). Across these key variables, study designs with comparisons (including studies of multi-disciplinary responses) were used in 15 studies of criminal justice outcomes, in 8 studies

of mental health and support service-related outcomes, and in 4 studies of child protection-related outcomes.

The third and main research question concerned the evidence for the effectiveness of MDTs responding to child abuse, where the outcomes of teams were evaluated relative to a comparison condition. Although a large number of comparative studies of criminal justice outcomes were identified, findings were somewhat mixed as to whether teams resulted in improved criminal justice outcomes. Outcomes earlier in the criminal justice process such as substantiations seem to be more likely to be significantly different across studies, which is unsurprising as many of these teams are focused on bringing increased police attention to cases (Cross et al., 2007). This may also be due to the smaller samples available for studies of convictions, due to the relatively small number of cases that reach this point in the criminal justice system. Results were mixed for teams contributing to an increase in outcomes such as criminal charges filed and convictions. The older studies generally found that MDTs resulted in improvements in nearly all criminal justice outcomes (e.g., Jaudes & Martone, 1992; Turner, 1997), while some of the newer studies were less likely to find a significant difference (e.g., Campbell et al., 2012; Edinburgh et al., 2008), which may be attributable to a higher baseline in comparison communities. This seems consistent with Lippert et al.'s (2009) observation that some of the improvements to responding to abuse associated with CACs have occurred more broadly, and most jurisdictions will have at least informally some system for collaboration on cases. In particular, Wolfteich and Loggins (2007) found that both a CAC and an MDT response were significantly better than tradition responses, while not significantly differing from one another on most outcomes. It can also be observed that many of the studies conducted in the same community but with different intakes had null findings. Many of these studies lacked a clear criterion for this differential intake (although cases in Goldbeck et al., 2007, were randomized), some studies have observed that there is a tendency for more complex cases across agencies to be streamed to MDTs (Wolfteich & Loggins, 2007), which may affect the outcomes of the teams.

Across the studies that examined mental health and support service-related outcomes overwhelming teams resulted in the increased receipt of services, although there were some exceptions (Chuang & Wells, 2010). While four studies found that increased ties or features supporting collaboration between agencies resulted in increased service use (Bai et al., 2009; Chuang & Lucio, 2011; Cross et al., 2005; Hurlburt et al., 2004), three studies found otherwise. Chuang and Wells (2010) found that service use was more likely when only one agency was responsible for providing care, in contrast with many of the other studies that found that the more agencies that attempted to direct children and families into support services were more likely to result in the receipt of services. The collaboration in this study was between agencies that each may have had responsibility for service delivery (child welfare and juvenile justice), which is different from the context of other

MDTs. Glisson and Hemmelgarn (1998) found that interorganizational collaboration was not related to service outcomes (i.e., child behavioral measures) that organizational climate was much more important in terms of children's outcomes. Cross et al. (2005) also had null findings in terms of increased service delivery for neglect and physical abuse; this was attributed to these matters being less likely to be investigated by police despite involvement in the MDT.

In terms of child protection-related outcomes, studies of teams fairly consistently indicated significant differences in child protection substantiations, although this was among a fairly small amount of studies that involved comparison conditions. Other child protection variables (i.e., time to substantiation) were fairly evenly split in terms of significant and nonsignificant differences between teams and individual agency responses.

Process-related variables were mostly significant, which is unsurprising, given that these outcomes are mostly reflective of whether the approach is being delivered as intended. Most of the older studies found that collaboration was successful in reducing the number of interviews and interviewers that children were subjected to (Jaudes & Martone, 1992; Turner, 1997), while Cross et al. (2007) found no differences, possibly reflecting that some of the key improvements to the response to abuse children associated with CACs has had an impact even in non-CAC communities (Lippert, Cross, Jones, & Walsh, 2009). Unsurprisingly MDT approaches consistently resulted in increased police involvement in cases (Cross et al., 2007; Smith et al., 2006), increased joint investigation and interviews (Cross et al., 2007), and other characteristics of multi-disciplinary responses. Besides Cross et al. (2007), three other studies had null findings in terms of process outcomes. Lalayants et al. (2011), although finding multi-disciplinary consultations were more likely to deliver interventions that were "family focused," found that these consultations were no better than single discipline consultations in delivering child-centered practice, strengths-based practice, culturally sensitive interventions, and even on ratings of the collaborative approach. Goldbeck et al. (2007) also found that teams did not improve practitioner certainty in planning interventions and the involvement of children and families in their cases. Glisson and Hemmelgarn (1998) also found that service quality was not significantly associated with a collaborative response across agencies. Only three studies examined the effect of team approaches on collaboration quality, finding mixed results. Cross et al. (2007) in a large-scale study found increases in indicators of coordination across agencies (e.g., joint interviews), while Goldbeck et al. (2007) found no difference in inter-institutional communication, and Altshuler (2005) in worker ratings of collaboration.

A small number of studies examined satisfaction with the approach with reference to a comparison group. Jones et al. (2007) found that caregivers were significantly more satisfied with the investigation at a CAC than at a non-CAC comparison community, while also finding no significant difference in terms of children's satisfaction potentially due to

**Table 10.** Key Findings and Implications.

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Searching more broadly for evidence relating to multi-disciplinary teams did result in the identification of additional research, although the number of studies that included comparison to a control/ comparison group was also relatively small;

Much of the research was on criminal justice outcomes, with studies generally finding significant differences earlier in the criminal justice process, but some finding differences in terms of convictions. Many of the older studies found significant differences, which may suggest that some of the practices of CACs have been incorporated more broadly;

The research on mental health and support services overwhelmingly found that teams were more likely to result in the increased receipt of services, although there were some exceptions;

Among a small number of studies, teams fairly consistently were more likely to have significantly higher rates of child protection substantiations and were more likely to result in referral to medical services;

Findings were mixed in terms of caregiver satisfaction and staff satisfaction;

Many studies lack detail on the nature of the intervention being evaluated and details about the comparison condition the intervention is compared to;

More research is needed in terms of child and family outcomes, both in terms of the effect of more child-friendly practices and of supported referrals to therapeutic services;

Jurisdictions looking to implement multi-disciplinary approaches need to clearly identify the problem they are wanting to address in their jurisdiction and ensure that their model has the appropriate components in place (e.g., group interviewing, child and family advocacy), and mechanisms in place to review the implementation of teams.

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Note. CACs = Child/Children's Advocacy Centers.

difficulties in measuring this. Walsh et al. (2007) found no significant difference between caregiver satisfaction with medical examinations at a CAC compared to a non-CAC, attributing this to high levels of satisfaction across both samples. Two studies examined staff satisfaction; Lalayants et al. (2011) found that staff were significantly more satisfied with a multi-disciplinary consultation than a single discipline consultation, and Goldbeck et al. (2007) found improved staff satisfaction with the perceived degree of child protection. Similarly, few studies examined medical referral with reference to a comparison, but the findings were unanimous about the receipt of medical care, primarily the receipt of medical examinations.

## Conclusion

Expanding on Herbert and Bromfield (2016) systematic search of evidence for the effectiveness of CACs, this review sets out to examine the evidence for the effectiveness of MDTs responding to child abuse. Differences between MDTs and non-MDT comparison groups were found most consistently in terms of criminal justice outcomes and referral to mental health and support services. Some support was found for increased child

protection substantiations and increased referral to medical services (see Table 10 for key findings and implications).

Broadly although the review found support across studies for most of the outcomes discussed, it must be noted that this review was made difficult by the lack of detail about the process of an MDT and fidelity to an agreed and consistent model delivered across cases. Implementation fidelity is critical to the success of all kinds of social programs (Carroll et al., 2007). Multi-disciplinary responses are an extraordinarily complex intervention, reliant on relationships between staff, attitudes about the approach, and accepted and routine work practices. Studies just focusing on outcomes of these teams without attending to implementation and process factors may be missing important information about the functioning of teams; most of the studies reviewed have just compared the outcomes of different conditions and have assumed that the MDTs that are studied are functioning well. A poorly implemented or potentially dysfunctional MDT is unlikely to produce a better outcome than standard practice, and there are limited data in the sampled studies that provide any assurance to the reader that teams have been implemented well. While this is concerning, we should note that most of the major studies included in this review involved established, well-resourced teams (e.g., Walsh et al., 2007). Attention to implementation, while a relatively new focus in program evaluation, has important implications for interventions like MDTs.

Notwithstanding the criticism above, there are also limited studies that have evaluated MDTs against some kind of control condition ( $n = 30$ ; including studies that compared outcomes across many teams). The lack of these types of studies may be related to some of the ethical difficulties of providing a control condition to what is seen to be a best practice response, along with the complexity associated with obtaining data on control conditions from the myriad of agencies that would be involved in a response. The proliferation of MDTs and CACs seems to be built more on the satisfaction of workers with working in such teams when they are implemented well, along with addressing some of the traumatic processes children and families have been subjected to in the past. Although it seems clear that well-implemented teams are likely to lead to improved outcomes compared to responses built around individual agencies, some questions do remain about the optimal configurations of teams, and what needs to be done to be in place in order to foster effective teams.

## Limitations

While the search strategy identified a wide variety of studies from peer-reviewed sources, a key limitation of the review was the lack of focus on gray literature. This review sets out with a specific strategy to identify studies within the existing peer-reviewed research literature; however, it is likely given how common multi-disciplinary approaches are that there is a considerable wealth of evaluation reports and unpublished analyses of various MDTs. It should also be noted that multi-disciplinary practice has been implemented broadly across many jurisdictions; indeed, within Australia many standard responses could well be characterized as MDTs (Bromfield

& Higgins, 2005; Herbert & Bromfield, 2017). Although identifying and reviewing these is outside of the scope of the present review, future reviews may want to consider a search strategy that would identify reports that may compare jurisdictions with collaborative processes built into statutory processes, to those that do not.

A clear limitation is the lack of research in different cultural contexts. A very high proportion of included studies were from the United States—which may limit the generalizability of the findings even to other Western countries that may have different sociolegal traditions. The search was limited to articles in English, which may have limited the identification of relevant articles from other cultural contexts.

Although it is outside the scope of this article to conduct a meta-analysis of the studies identified, the results of the significance testing of the eligible studies were reported. There is a long history of criticism of significance testing in psychology and social sciences (Simmons, Nelson, & Simonsohn, 2011). While this should be acknowledged, alternatives to reporting on the significance or nonsignificance of findings across studies remain limited without undertaking meta-analysis of findings, which requires a degree of consistency in the dependent and independent variables that does not exist in this literature (Nwogu et al., 2015).

### Future Research

Beyond the observations above about the need for attention to implementation and process in the literature, and the need for studies with comparisons to control conditions, a number of key research gaps are clear. While the research was clear that MDTs are effective at improving referrals to mental health and counseling services, no studies compared the completion of these services; that is, whether the work of team members to reduce barriers to service use sustain engagement in services. This is an important step in the logic underlying improved mental health/behavioral outcomes for children from teams, without sustained engagement and completion of evidence-based mental health and counseling services, the potential for improvements on mental health outcomes is limited. More focused work on the mechanisms of change associated with MDTs will also help to build an evidence base that can better inform the design and configuration of teams to address challenges within each jurisdiction. It should also be noted that there is no comparative research examining improvements in trauma symptoms as a result of MDTs; and effect that may be related to the minimization of systemic trauma and/or improved referral and take-up of support services.

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### Note

1. A table summarizing the included studies can be obtained on request from the corresponding author.

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**Leah Bromfield** is deputy director of the Australian Centre for Child Protection at the University of South Australia. She is one of Australia's foremost child protection researchers. Prior to her appointment to UniSA in 2010, she was a senior research fellow at the Australian Institute of Family Studies and managed the National Child Protection Clearinghouse. Her areas of expertise include chronic child maltreatment and cumulative harm, national and international approaches to child protection, and enhancing the use of research in child welfare policy and practice. She has written extensively in the child protection area, with recent projects and papers on: working with families with multiple and complex problems, prevalence of child abuse and neglect in Australia, designing a system for child protection in the Northern Territory, and identifying and responding to cumulative harm in child protection.