



CSEC: Youth Prevention Training Curriculum

Compiled for CWDA-CSEC Youth Training Webinar (4/16/15)

Los Angeles County Probation Department

The Los Angeles County Probation Department developed “**Word on the Street: Educating and Empowering Young Women and Girls,**” an interactive CSEC prevention curriculum designed for a group of 3-12 female youth between the ages of 14 – 18. The training sessions are designed for foster youth (both child welfare and juvenile-justice youth), delivered by co-facilitators, covering sensitive material which can be a trigger for youth attendees. The curriculum can be delivered through 6 one-week sessions (lasting 90 minutes each), or in a one-day (5 hour) conference or abbreviated for youth in juvenile halls. The County provides a train-the-trainer model and has sessions in LA County or can arrange to provide T4T locally (CWDA suggests coordinating with your local Regional Training Academy).

Contact: Michelle Guymon, CSEC Program Manager, LA County Probation
Michelle.Guymon@probation.lacounty.gov or 661-236-5405

Justice Resource Institute

Preventing the Commercial Sexual Exploitation of Girls: A Training for Providers on Using the My Life My Choice Curriculum

This nationally renowned curriculum is a ten-session program created to develop and strengthen efforts to halt the disturbing wave of exploitation and trafficking in the United States. Created in 2002, the My Life My Choice Curriculum is used in schools, group homes, juvenile justice facilities, and community based agencies and is currently being utilized in over 20 states. We offer these trainings four times a year in Boston and throughout the United States, per request. Click here: to [find out more information on their curriculum.](#)

<http://www.fightingexploitation.org/professional-training>

Phone: 617-779-2179 or Email: mlmcfinfo@jri.org

iEmpathize

<http://iempathize.org/>

The program empowers youth and equips adults to preventatively recognize and respond to issues of exploitation. The Empower Youth Program for Teens is a tool that helps those already working with youth to facilitate prevention-focused conversations about empathy and exploitation in their schools and neighborhoods. Educators, parents, and youth service providers can utilize this five-part series of short films, activities, and discussion questions to empower teens 7th grade and up to successfully navigate the vulnerabilities in their lives in order to stay safe from exploitation. Facilitation for Jr. High age youth – mixed group boys/girls

Cost: \$25.00 on-line version; \$50.00 hard book version

Contact: 303-625-4074 or info@iempathize.org

Love Never Fails - Love Don't Hurt - Curriculum

<http://www.loveneverfailsus.com/>

The **Love Don't Hurt** program was developed to promote healthy relationships for middle and high school students. We believe that by doing this we will empower youth to detect and avoid sex trafficking. At the conclusion of the program students will be able to recognize the four types of abuse and how they might be experiencing these types in their own lives. They will also be empowered to prevent future abuse with help resources and awareness tools.

Each of the modules included in this program are directly aligned with Health Education Content Standards for California Public Schools.

Cost: Negotiated with the organization

Facilitation for Jr. High/High School – mixed group boys/girls

Kern Coalition Against Human Trafficking & Runaway Girl, Inc.

Mr. Gazley is the coordinator of Kern Coalition Against Human Trafficking and does anti human trafficking work in Kern, in the US, and internationally. Diana Cisneros is a survivor and trained by Runaway Girl, Inc., a company founded by Charissa Phelps, <http://runawaygirl.org/> which has developed curriculum for prevention training. Both provide training throughout local communities (eg. schools, nonprofits, judges, etc.). They have a two hour prevention session designed for foster youth.

Cost: \$35 per hour; Youth brochure also available

Phil Gazley, Coordinator, gazleys@hotmail.com, 303-261-2948

Diana Cisneros, Runaway Girl (local survivor), dcisneros132@gmail.com

<http://kcaht.org/>

Sexual Exploitation of Children and Teens (SECT) Community Collaborative

The SECT Community Collaborative which is led by Sac City Unified School District coordinates CSEC youth trainings to deliver trainings with collaborative members (mainly Bridget's Dream and Another Choice Another Chance).

Contact: Cailey Bronny, (916) 643-7995 Cailey-Bronny@scusd.edu

<http://www.sacramentosect.org/>

Break Free and 3Strands Global, Inc.

Break Free and 3Strands Global, Inc. is a joint effort to combat human trafficking based in the Sacramento area. They provide Break Free Education presented in venues including classrooms, school assemblies, and group homes. This is not a train-the-trainer model, but the training can be delivered anywhere in California. Training length is 60-90 minutes.

Contact: Ashlie Bryant, Executive Director, ashlie@runforcourage.org, (916) 221-8876

<http://www.breakfree.org/education/>

Project P.R.E.V.E.N.T

The Center for School Safety, School Climate, and Classroom Management (based in Atlanta, Georgia) has developed Project P.R.E.V.E.N.T (Promoting Respect, Enhancing Value, Establishing New Trust), which is a research-based, interactive curriculum created to promote the healthy growth and development of adolescent girls. Project P.R.E.V.E.N.T. provides girls with tools to enhance their personal strengths. The program promotes girls' critical-thinking and decision-making skills, which may help keep them safe in vulnerable situations. Although Project P.R.E.V.E.N.T. was originally created as a pilot prevention program with middle school girls in an urban school district, the model encourages users to modify the curriculum based on the needs of each unique group of girls.

Contact: Dr. Ann Kruger, ackruger@gsu.edu or 404-413-8482 (main line)
<http://schoolsafety.education.gsu.edu/research/project-p-r-e-v-e-n-t/>

Powerful Voices

In Seattle, Washington, Powerful Voices program targets female youth between 10 and 17 years of age to promote positive relationship skills and reduce vulnerability to intimate partner violence and CSEC.

<http://www.powerfulvoices.org/curriculum/index.shtml>

Contact: Jane Hinton, Executive Director, (206) 860-1026, janeh@powerfulvoices.org
or info@powerfulvoices.org

Note: GEMS offers intervention (not prevention) training for youth:

Girls Education and Mentoring Service

GEMS' **Victim, Survivor, Leader™ (VSL™) curriculum** moves organizations past the CCIP "CSEC 101" curriculum and into specialized service provision with a survivor empowerment/leadership focus, which is at the heart of all of GEMS programming. The VSL™ curriculum is based on two foundational principles that shape and guide all of GEMS' work: *survivor leadership* and *Transformational Relationships*, which are vital for effective youth development, particularly victims of CSEC.

<http://www.gems-girls.org/get-trained/training-curriculum>

Phone: (212) 926-8089

For questions on this document or to update this information please contact Diana Boyer, CWDA, (916) 443-1749 or dboyer@cwda.org